



Heliopolis 2nd International Masters Swimming Championship

May 23rd-25th, 2024

Heliopolis Sporting Club

ElShorouk Branch



RULES & REGULATIONS

- We will be following the World Aquatics rules and regulations.
- Times, also, will be counted according to World Aquatics rules.
- Participation is open to all clubs that are members of the Egyptian Swimming Federation, or other international clubs that are affiliated with World Aquatics.
- Each swimmer shall hold full responsibility for the risks involved in competing in such competition.
- The one-start rule is applied.
- The age of the swimmer is counted from the beginning of the birth year.
- Relays must be submitted at least one hour before the session.
- Swimmers must be present on time at the assembly area.
- All relay team members must be affiliated with the same swimming club.
- A mixed relay consists of two men and two women in any order.
- A swimmer may not swim for more than one team per relay event.



MEET INFORMATION:

Date	Thursday 23rd, Friday 24 th , and Saturday 25th May, 2024
Location	Heliopolis Sporting Club - El-Shorouk Branch, New Cairo
Pool Characteristics	Water temperature is 27°C
Competition pool	Ten lane, fifty meter outdoor pool
Warm-up pool	25 meter outdoor pool
Warm-up and Cool down	- Swimmers can warm up in the competition pool prior to each session. - Warm up and cool down will be available throughout the championship in the warm up pool.
Timing	Electronic time measure
Eligibility	The Championship is open to both males and females ages twenty five years and above.
Registration dates	- Registration opens: 5 th March 2024 - Registration deadline: 30 th April 2024
Registration fee	Registration fee is 40 USD for a maximum of five events in addition to the relays.
Registration Procedure	The registration form will be found on our official website for all the swimmers participating in the championship: https://masters2024.hsceg.com/home.html
Payment	- Payment procedure will be through the Bank Transfer to our bank account



Results	<ul style="list-style-type: none"> - All results will be posted on the Meet Mobile application after each event and will be updated on our official website. https://masters2024.hsceg.com/home.html The results will also be available after every session by the pool side:
Awards Medals: Trophies & Championship Cup	<ul style="list-style-type: none"> - Individual events: Medals will be awarded to first, second, and third place; gold, silver and bronze, for each age group. - Relays: Medals will be awarded to each team member of the first, second and third place. - Medals ceremonies: will take place during the swimming sessions. <hr/> <ul style="list-style-type: none"> - Best swimmer trophy to be awarded to the swimmer who has the most medals according to the sequence (Gold, Silver then bronze) - Men's trophies will be awarded for first, second and third positions according to the most medals won with the sequence of gold , silver then bronze. - Women's trophies will be awarded first, second and third positions according to the most medals won with the sequence of gold , silver then bronze. - Championship cup Will be awarded to the club with the most collective medals (men and women) won.

Age Groups:

25-29	30-34	35-39
40-44	45-49	50-54
55-59	60-64	65-69
70-74	75-79	80-84
85-89	90 +	