

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**Event 1 Women 25-29 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Merhan Yasser Mohamed Salem	25	El Zohour	NT	3:27.62

**Event 1 Women 35-39 200 LC Meter IM**

1 Nadien Adel Ageb Wasef	36	El Shams	NT	3:07.66
2 Asmaa Ali Mohamed Mahmoud	36	El Shams	NT	3:21.22
3 Alaa Ahmed Abo ElFotoh	39	TM Sports	NT	3:33.23

**Event 1 Women 40-44 200 LC Meter IM**

1 Sherok Sherif Al Shenawy	40	Maadi	NT	2:57.45
2 Amira Ayman Saif Elnasr	42	El Gezira	NT	4:17.40

**Event 1 Women 45-49 200 LC Meter IM**

1 Samaa Sultan	45	Sporting	NT	3:23.36
2 Nevein Mahmoud Ali	47	Shooting	NT	3:46.40

**Event 1 Women 50-54 200 LC Meter IM**

1 Nermen Kamel Zakher Mousa	51	Shooting	NT	3:51.59
2 Monica Elena Bopescu	51	Shooting	NT	4:18.37

**Event 1 Women 55-59 200 LC Meter IM**

1 Sherien Ali Sery	58	Heliopolis	NT	4:08.68
2 Ann Taysir Nosseir	55	El Zohour	NT	4:52.92

**Event 1 Women 60-64 200 LC Meter IM**

1 Carole Jean Zaccar	61	El Gezira	NT	3:47.42
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**Event 1 Women 65-69 200 LC Meter IM**

1 Saher Mohamed el Tibi	68	Heliopolis	NT	5:17.14
2 Rawiea Mohamed Asaad	68	Shooting	NT	7:48.05

**Event 1 Women 70-74 200 LC Meter IM**

1 Omayma Hassan Naseim	71	Ahly	NT	5:32.91
--- Nadia Elgendy Girges	73	Shooting	NT	NS

**Event 2 Men 25-29 200 LC Meter IM**

1 Marwan El Amrawy	29	Sporting	NT	2:15.37
2 Ahmed Mohamed Lotfy	26	Ahly	NT	2:24.58
3 Shady Medhat Hassn	27	Ahly	NT	2:45.87
4 Abdelrahman Mohamed Gaber	26	El Ghaba	NT	2:49.12
--- Khaled Ahmed Attia	28	Canal El Suez	NT	DQ
--- Farid Tadros Morad Tadros	25	El Gezira	NT	NS

**Event 2 Men 30-34 200 LC Meter IM**

1 Mostafa Mohamed Ramadan	30	Ahly	NT	2:34.49
2 Islam Maged	34	Sporting	NT	2:35.87
3 Ahmad Mohamad Sherif Salah El	33	Shooting	NT	2:56.15
--- Amro Essam Aly Abd El Naby	33	El Gezira	NT	NS
--- Mohamed Ebrahim Al Bakaly	34	Shooting	NT	NS

**Event 2 Men 35-39 200 LC Meter IM**

1 Ehsan Mohamad Gomaa Mohama	38	Shooting	NT	2:43.79
2 Mohamed Abdullah	38	Khartoum Sea Scout	NT	4:02.07
--- Salah Eldin Sabry Taha Elsaeid	38	Shooting	NT	DQ

**Event 2 Men 40-44 200 LC Meter IM**

1 Sherif Adel Ramsis Eppo	40	Shooting	NT	2:53.33
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**Results**

**Event 2 Men 45-49 200 LC Meter IM**

1	Ali Mohamed Ali Salman	45	El Gezira	NT	3:04.17
2	Emad El Din Yosef Mostafa	49	Shooting	NT	3:32.73

**Event 2 Men 50-54 200 LC Meter IM**

1	Ayman Al Quidy	52	Yacht Alex	NT	2:51.47
2	Hany Farouk Abdelhmed	50	Tanta	NT	3:04.50
3	Karim Assem Moh. Abou El Enein	53	El Gezira	NT	3:15.13
---	Khaled Abdel Hamed Soliman	54	Shooting	NT	NS
---	Mohmed ali Mahmoud	52	Cairo	NT	NS

**Event 2 Men 55-59 200 LC Meter IM**

1	Ahmed Rashad Mah. Salam	56	El Gezira	NT	3:14.35
2	Ihab Gamil Labib Salib	55	El Shams	NT	3:30.79
3	Osama Nayef Sleem	57	Canal El Suez	NT	3:31.56
4	Sherif Salah Eldin Mahmoud	58	Shooting	NT	3:44.12
5	Magdy Farouk Fouad Hanna	57	El Shams	NT	4:23.03

**Event 2 Men 60-64 200 LC Meter IM**

1	Osama Ahmad Momtaz	64	Shooting	NT	3:08.89
2	Ahmed Morsy Mostafa Fahmy	64	El Gezira	NT	3:09.30

**Event 2 Men 65-69 200 LC Meter IM**

1	Ibrahim Ahmed Elaidy	68	Canal El Suez	NT	3:39.23
2	Abdel Aziz Mohamed Hashim	68	Heliopolis	NT	3:42.47
3	Amr Mansour	69	Sporting	NT	4:02.93
4	Samy Wahby Sief	67	Heliopolis	NT	5:02.01
---	Amr Abdellateif El Ghayesh	67	Maadi	NT	NS

**Event 2 Men 70-74 200 LC Meter IM**

1	Montaser Mohamad Ahmad Awac	70	Shooting	NT	3:10.31
2	Elmy Sayed Ali	74	Ahly	NT	4:56.26
3	Ezzeldin Abdelhalim Abdelhamis	73	El Shams	NT	7:00.10

**Event 2 Men 75-79 200 LC Meter IM**

1	Karam Mohamed Habieb	77	Heliopolis	NT	4:47.09
2	Ramy Ahmed Refaat	75	El Gezira	NT	5:07.67
---	Hassan El Tomy	78	Sporting	NT	NS

**Event 2 Men 80-84 200 LC Meter IM**

1	Ahmed Abdel Baset	82	El Gezira	NT	5:03.92
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**Event 3 Women 25-29 50 LC Meter Backstroke**

1	Mounira Ebrahim Basuony	25	Smoha	NT	37.60
2	Farha Ehab Abou El Senoun	25	Heliopolis	NT	47.73
3	Merna Amr Abd EL Fatah	27	Heliopolis	NT	1:09.35

**Event 3 Women 35-39 50 LC Meter Backstroke**

1	Heba Alla Yahya Abd Elrahman	38	Ahly	NT	37.98
2	Passant Magdy Mahmoud Mouss:	35	El Shams	NT	39.37
3	Asmaa Ali Mohamed Mahmoud	36	El Shams	NT	40.25
4	Yosra Sheref Gohar	35	Heliopolis	NT	40.37
5	Hanaa Dowidar	39	Sporting	NT	40.97
6	Alaa Ahmed Abo ElFotoh	39	TM Sports	NT	43.31
7	Nora Fouad Ali Ibrahim	38	Shooting	NT	44.48
8	Yasmin Moh. Foad Nassar	37	El Gezira	NT	46.51
9	Dina Ahmad Mohammad Nafea	35	Shooting	NT	46.60

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**Results**

**(Event 3 Women 35-39 50 LC Meter Backstroke)**

10	Youmna Hossam Eldin Hamed	38	Heliopolis	NT	49.89
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**Event 3 Women 40-44 50 LC Meter Backstroke**

1	Sherok Sherif Al Shenawy	40	Maadi	NT	38.15
2	Omneya Tarif	40	Sporting	NT	41.17
3	Liudmila Kokhan	44	Pregel Club	NT	44.18
4	Nesma Hussain Ambaby Nasr	40	Ahly	NT	45.14
5	Amira Ayman Saif Elnasr	42	El Gezira	NT	50.76
6	Basant Moh. Ashraf Montaser	44	El Gezira	NT	55.85
7	Saly Farag Abdelaziz Farag	44	Shooting	NT	1:00.11

**Event 3 Women 45-49 50 LC Meter Backstroke**

1	Nevein Mahmoud Ali	47	Shooting	NT	41.05
---	Rania Mohammad Raafat	47	Shooting	NT	NS
---	Sherifa Salah Sabry Mohamed	49	TM Sports	NT	NS
---	Rehab Mohamed El Gohary	46	Ahly	NT	NS

**Event 3 Women 50-54 50 LC Meter Backstroke**

1	Rania Sami	53	Sporting	NT	38.25
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**Event 3 Women 55-59 50 LC Meter Backstroke**

1	Sherien Ali Sery	58	Heliopolis	NT	45.60
2	Nahla Housen Gmal EL Den	57	Heliopolis	NT	56.10
3	Rana Fouad Ali Mohsen	59	El Shams	NT	56.59
4	Wesam Ahmed Mohamed Hamdy	58	Heliopolis	NT	1:04.85
5	Maha Mohamed Mahmoud Labib	55	El Shams	NT	1:05.12
6	Manal Fawzi Gadalla	59	Heliopolis	NT	1:37.61

**Event 3 Women 60-64 50 LC Meter Backstroke**

1	Neven Ramez Al Nagar	64	Heliopolis	NT	1:18.31
2	Ghada Ali Jouny	60	El Gezira	NT	1:28.23
---	Elham Mostafa Esmail	61	Heliopolis	NT	NS
---	Nazla Faeidalla	64	Ahly	NT	NS

**Event 3 Women 65-69 50 LC Meter Backstroke**

1	Nisren Saad	66	Sporting	NT	47.57
2	Natalia Aleshchenko	67	Pregel Club	NT	48.84
3	Neven Mohamed Khlel Salah	68	El Gezira	NT	51.76
4	Omnia Labib Hanna Labib	65	Shooting	NT	1:11.83
---	Jehan Ismaeil Ahmed Metwally	67	Shooting	NT	NS

**Event 3 Women 70-74 50 LC Meter Backstroke**

1	Douriea Ahmed Nazzmy	73	Maadi	NT	57.97
2	Nadia Esmail Mohamed	70	Heliopolis	NT	1:30.08
---	Hoda Salah El Din Mortada	70	Heliopolis	NT	NS

**Event 3 Women 80-84 50 LC Meter Backstroke**

1	Nagwa Yousef Gharab	81	Heliopolis	NT	1:00.93
2	Palma Csepeli	80	Regele	NT	1:34.20
3	Nageya Salah El Din Zolfakar	81	El Gezira	NT	1:45.52

**Event 4 Men 25-29 50 LC Meter Backstroke**

1	Mohamed Nour Ibrahim	29	Ahly	NT	29.72
2	Basel Hussin Ebrahim Ahmed	26	Shooting	NT	30.63
3	Shady Medhat Hassn	27	Ahly	NT	31.76

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**Results**

**(Event 4 Men 25-29 50 LC Meter Backstroke)**

4	Farid Tadros Morad Tadros	25	El Gezira	NT	34.01
5	Abdelrahman Mohamed Gaber	26	El Ghaba	NT	34.11
6	Abd Elrahman Yasser Tarief	27	Cairo	NT	34.23

**Event 4 Men 30-34 50 LC Meter Backstroke**

1	Tarek Elsayed Mohamad Zayan	32	Shooting	NT	31.85
2	Karem Sameh El Shazly	34	Heliopolis	NT	32.86
---	Omar Atef Abdel Moghny Ragab	30	Shooting	NT	NS
---	Amro Essam Aly Abd El Naby	33	El Gezira	NT	NS
---	Mohamad Hesham Ahmad Mosta	32	Shooting	NT	NS

**Event 4 Men 35-39 50 LC Meter Backstroke**

1	Hosam Mohammad Alghazaly	35	Shooting	NT	33.45
2	Loai Ismael Hafez	38	Tanta	NT	41.64
3	Mohmed Hossam Eldin Mohmed	37	Cairo	NT	52.49

**Event 4 Men 40-44 50 LC Meter Backstroke**

1	Mohamed Fathy Mohamed	42	El Shams	NT	38.27
---	Amr Ahmed Abdel Wahab	44	Sporting	NT	DQ
---	Khaled Mahmoud Elsayed	41	Shooting	NT	NS

**Event 4 Men 45-49 50 LC Meter Backstroke**

1	Amr El Arwosy	45	Sporting	NT	34.47
2	Mohamed Wagih Ahmed Elbedev	45	El Shams	NT	36.50
3	Ahmed Nabil Abd Elaziz	46	El Zohour	NT	36.69
4	Hossam Elden Hussien	48	Cairo	NT	46.79
---	Amr Samir Khorshed	49	Heliopolis	NT	NS

**Event 4 Men 50-54 50 LC Meter Backstroke**

1	Hany Farouk Abdelhmed	50	Tanta	NT	35.54
2	Ahmed Aly Yossef	52	Tanta	NT	37.97
3	Yaser Aseim Mahmoud	51	Heliopolis	NT	43.59
---	Tarek Hassan Bakry	53	Heliopolis	NT	NS

**Event 4 Men 55-59 50 LC Meter Backstroke**

1	Amin Ahmed Amin Amer	58	Ahly	NT	35.73
2	Ihab Gamil Labib Salib	55	El Shams	NT	42.51
3	Magdy Farouk Fouad Hanna	57	El Shams	NT	48.83
4	Ashraf Mohmed Fouad	57	Cairo	NT	55.69

**Event 4 Men 60-64 50 LC Meter Backstroke**

1	Waled Mohamed Fatthy	60	Heliopolis	NT	35.96
2	Hany Aziz Sedky	61	Shooting	NT	40.63
3	Hosam El Den Tanawy	61	Heliopolis	NT	41.15
*4	Mohsan Abou Alwafa	62	Sporting	NT	42.18
*4	Ahmed Mohamed Ibrahim	64	Shooting	NT	42.18

**Event 4 Men 65-69 50 LC Meter Backstroke**

1	Ibrahim Ahmed Elaidy	68	Canal El Suez	NT	40.25
2	Yaser Mohamed Maghraby	67	Heliopolis	NT	41.14
3	Osman Ahmed Ali	65	Ahly	NT	45.52
4	Ahmed Ibrahim Edreis	69	Heliopolis	NT	47.76
5	Mohamed Warda	68	Sporting	NT	53.54
6	Mostafa Hassan Abdel Tawab	65	Ahly	NT	55.00
7	Taher Mohamdy Moh. Soleman	66	El Gezira	NT	58.87

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**Results**

**Event 4 Men 70-74 50 LC Meter Backstroke**

1	Montaser Mohamad Ahmad Awad	70	Shooting	NT	42.99
2	Mohamed Mahmoud Abas	74	Shooting	NT	47.32
3	Ali Selim Al Halaby	71	Heliopolis	NT	50.22
4	Moaataz Mohamed Talaat	72	Heliopolis	NT	1:09.46
5	Alsayed Mohamad Boraie	70	Shooting	NT	1:10.29
---	Atef abd Elghany Abdelgawad	72	El Zohour	NT	NS

**Event 4 Men 75-79 50 LC Meter Backstroke**

1	Mohamed Ragy Reda	79	El Gezira	NT	1:04.96
---	Hassan El Tomy	78	Sporting	NT	NS

**Event 4 Men 80-84 50 LC Meter Backstroke**

1	Ahmed Abdel Baset	82	El Gezira	NT	46.24
2	Salah El Din Mostafa Al Saba	82	Shooting	NT	59.99
3	Mohamed Refaat Ahmed Refaat	80	Ahly	NT	1:16.75
4	Mosaad Hassan Shehab	81	Shooting	NT	1:23.65
5	Mohamed Salah El Din Mortagy	84	Shooting	NT	1:30.68

**Event 4 Men 85-89 50 LC Meter Backstroke**

1	Wafeik Aeibad	86	Heliopolis	NT	1:06.37
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**Event 4 Men 90-94 50 LC Meter Backstroke**

1	Mahfouz Gerges Ghabreial	91	Ahly	NT	1:32.27
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**Event 5 Women 25-29 100 LC Meter Butterfly**

1	Brehan Ali Mosaad Idres	25	Smoha	NT	1:23.40
2	Mariem Mohmed Saeid	29	Cairo	NT	2:25.55

**Event 5 Women 35-39 100 LC Meter Butterfly**

1	Yasmin Moh. Foad Nassar	37	El Gezira	NT	1:55.78
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**Event 5 Women 45-49 100 LC Meter Butterfly**

1	Noha Farouk	45	Yacht Alex	NT	2:23.23
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**Event 5 Women 50-54 100 LC Meter Butterfly**

1	Nermen Kamel Zakher Mousa	51	Shooting	NT	1:51.84
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**Event 5 Women 55-59 100 LC Meter Butterfly**

1	Sherwet Wafaa Moh. Hafez	57	El Gezira	NT	1:41.84
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**Event 5 Women 60-64 100 LC Meter Butterfly**

1	Carole Jean Zaccar	61	El Gezira	NT	1:55.83
2	Katrein Mary Hanafy	60	Shooting	NT	2:36.58
3	Maha Mohmoud El Kholy	63	Heliopolis	NT	2:39.72

**Event 5 Women 65-69 100 LC Meter Butterfly**

1	Saher Mohamed el Tibi	68	Heliopolis	NT	2:32.49
---	Rawiea Mohamed Asaad	68	Shooting	NT	NS

**Event 5 Women 70-74 100 LC Meter Butterfly**

1	Omayma Hassan Naseim	71	Ahly	NT	2:49.43
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**Event 6 Men 25-29 100 LC Meter Butterfly**

1	Omar Ahmad Khaled	27	Heliopolis	NT	58.05
2	Ahmed Mohamed Lotfy	26	Ahly	NT	59.18
3	Nour Eldin Ahmad Elwesemy	26	Shooting	NT	1:04.42
4	Omar Hesham Abdel Latif Hassar	27	Cairo	NT	1:06.73

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**Event 6 Men 30-34 100 LC Meter Butterfly**

1	Mostafa Mohamed Ramadan	30	Ahly	NT	1:04.70
2	Islam Maged	34	Sporting	NT	1:06.14
3	Omar Abdelhamied Radwan	33	El Shams	NT	1:07.81
4	Ahmad Mohamad Sherif Salah El	33	Shooting	NT	1:09.44
5	Mohamed Ahmed Elsaied Ahmed	31	El Shams	NT	1:10.49
---	Mohammad Tarek Mohammad H	31	Shooting	NT	NS
---	Mohamad Hesham Ahmad Mosta	32	Shooting	NT	NS
---	Omar Atef Abdel Moghny Ragab	30	Shooting	NT	NS

**Event 6 Men 35-39 100 LC Meter Butterfly**

1	Yousef Hesham Yousef Sayed Gon	37	Shooting	NT	1:02.70
2	Mohamed Hosny AbdElmged	36	Canal El Suez	NT	1:16.75
3	Salah Eldin Sabry Taha Elsaied	38	Shooting	NT	1:33.30

**Event 6 Men 40-44 100 LC Meter Butterfly**

1	Wael Dowidar	43	Sporting	NT	1:03.05
2	Waleed Ahmed Fouad	43	Shooting	NT	1:06.95
3	Basel Omar Abd Elaziz	41	El Zohour	NT	1:21.77
4	Eslam Mahmoud Mohamad	43	Shooting	NT	1:25.15
5	Mohamed Elsayed Abo El Wafa	42	Canal El Suez	NT	1:33.31

**Event 6 Men 45-49 100 LC Meter Butterfly**

1	Amr El Arwosy	45	Sporting	NT	1:12.09
2	Mohamed Mossad Kandil	47	El Zohour	NT	1:17.15
3	Ashraf AL Quidy	49	Yacht Alex	NT	1:24.83
4	Mohamed Abdelhamid Elebiary	49	Ahly	NT	1:35.95
5	Ahmad Mostafa Fahmy	45	Shooting	NT	1:39.07
---	Emad El Din Yosef Mostafa	49	Shooting	NT	NS

**Event 6 Men 50-54 100 LC Meter Butterfly**

1	Waleed Hassan Hussien Zayed	54	Shooting	NT	1:19.51
2	Mohamad Mohamad Abdel Hame	53	Shooting	NT	1:33.88

**Event 6 Men 55-59 100 LC Meter Butterfly**

1	Ahmed Rashad Mah. Salam	56	El Gezira	NT	1:27.89
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**Event 6 Men 60-64 100 LC Meter Butterfly**

1	Osama Ahmad Momtaz	64	Shooting	NT	1:23.28
2	Mohsan Abou Alwafa	62	Sporting	NT	1:48.50

**Event 6 Men 65-69 100 LC Meter Butterfly**

1	Ragaa Ahmed Taha Maarouf	67	Shooting	NT	1:38.84
2	Amr Abdellateif El Ghayesh	67	Maadi	NT	1:57.57

**Event 6 Men 70-74 100 LC Meter Butterfly**

1	Ali Selim Al Halaby	71	Heliopolis	NT	2:00.71
2	Elmy Sayed Ali	74	Ahly	NT	2:02.99
3	Abdel Sameia Abdel Hakim Ahme	74	Maadi	NT	2:10.43
4	Moneir Hossein Eisa Abdel Rahei	72	Shooting	NT	2:14.00

**Event 7 Women 25-29 50 LC Meter Breaststroke**

1	Yara Moustafa Hassan Aly	28	Olympic	NT	37.92
2	Haidy Ashraf Farouk	26	El Zohour	NT	43.10
3	Farha Ehab Abou El Senoun	25	Heliopolis	NT	51.19
4	Salma Abd EL Hakeem Mohame	28	El Shams	NT	52.79

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**Event 7 Women 30-34 50 LC Meter Breaststroke**

1	Sara Hasheim Mohamed Abou El	33	Shooting	NT	42.87
2	Yuliia Kovalchuk	30	Shooting	NT	43.61
3	Mirna Mohamed Mohamed	30	Maadi	NT	52.66
---	Sally Saad Elfeshway	30	Cairo	NT	NS
---	Noha Moussad Mohamed Ismaiel	33	El Zohour	NT	NS

**Event 7 Women 35-39 50 LC Meter Breaststroke**

1	Aya Ezzeddin Abdelhamed	36	Shooting	NT	38.28
2	Nadien Adel Ageb Wasef	36	El Shams	NT	42.16
3	Passant Magdy Mahmoud Mouss:	35	El Shams	NT	42.69
4	Hanaa Dowidar	39	Sporting	NT	43.54
5	Yosra Sheref Gohar	35	Heliopolis	NT	48.83
6	Radwa Abdelgalil Mahmoud	36	Cairo	NT	49.95
7	Yoummna Hossam Eldin Hamed	38	Heliopolis	NT	55.77
---	Rana Yousri Shalah	36	El Gezira	NT	NS

**Event 7 Women 40-44 50 LC Meter Breaststroke**

1	Omneya Tarif	40	Sporting	NT	45.01
2	Stela Miteva	43	Albatros Varna	NT	45.67
3	Sohad Shaaban Abd Rabo	42	Heliopolis	NT	47.07
4	Liudmila Kokhan	44	Pregel Club	NT	47.10
5	Lamyaa Mohamad Hassan Khalef	40	Shooting	NT	51.70
---	Sarah Ahdy Mohamed Ali	42	El Shams	NT	NS

**Event 7 Women 45-49 50 LC Meter Breaststroke**

1	Nevein Mahmoud Ali	47	Shooting	NT	44.84
2	Salma Mohamed Hassan	48	Maadi	NT	46.19
3	Taline Albert Dekermendjian	48	El Gezira	NT	1:09.77
---	Rehab Mohamed El Gohary	46	Ahly	NT	NS

**Event 7 Women 50-54 50 LC Meter Breaststroke**

1	Rania Sami	53	Sporting	NT	50.54
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**Event 7 Women 55-59 50 LC Meter Breaststroke**

1	Rana Fouad Ali Mohsen	59	El Shams	NT	54.85
*2	Noha Mahmoud Deiab	57	Shooting	NT	1:02.39
*2	Magda Ebrahim Khalil	58	Cairo	NT	1:02.39
4	Wesam Ahmed Mohamed Hamdy	58	Heliopolis	NT	1:14.78
5	Amal Moh. Abd Elghaffar	57	El Gezira	NT	1:17.47
6	Manal Fawzi Gadalla	59	Heliopolis	NT	1:28.21

**Event 7 Women 60-64 50 LC Meter Breaststroke**

1	Ingrid Wassmann	61	El Gezira	NT	50.30
2	Ghada Ali Jouny	60	El Gezira	NT	1:12.43
3	Neven Ramez Al Nagar	64	Heliopolis	NT	1:13.74
---	Nehal Ahmed Siry	62	Heliopolis	NT	NS
---	Elham Mostafa Esmail	61	Heliopolis	NT	NS
---	Nazla Faeidalla	64	Ahly	NT	NS
---	Lameia Ahmed Maher	63	El Gezira	NT	NS

**Event 7 Women 65-69 50 LC Meter Breaststroke**

1	Natalia Aleshchenko	67	Pregel Club	NT	48.67
2	Jehan Ismaeil Ahmed Metwally	67	Shooting	NT	54.38
3	Neven Mohamed Khlel Salah	68	El Gezira	NT	56.52
4	Omnia Labib Hanna Labib	65	Shooting	NT	1:11.68

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**Event 7 Women 70-74 50 LC Meter Breaststroke**

1	Mona Kamel Youseif	70	Heliopolis	NT	1:00.25
2	Douriea Ahmed Nazzmy	73	Maadi	NT	1:03.63
---	Hoda Salah El Din Mortada	70	Heliopolis	NT	NS

**Event 7 Women 75-79 50 LC Meter Breaststroke**

1	Nadya Zakareia El Araby	78	El Gezira	NT	1:16.23
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**Event 7 Women 80-84 50 LC Meter Breaststroke**

1	Madiha Mohamed Sherif	81	Heliopolis	NT	1:38.02
2	Nageya Salah El Din Zolfakar	81	El Gezira	NT	1:48.11

**Event 8 Men 25-29 50 LC Meter Breaststroke**

1	Omar Wael Hashem Aly	29	El Shams	NT	34.58
2	Abd Elrahman Yasser Tarief	27	Cairo	NT	35.50
3	Mohamed Ahmed Aboelabbas	28	El Shams	NT	45.13

**Event 8 Men 30-34 50 LC Meter Breaststroke**

1	Tarek Elsayed Mohamad Zayan	32	Shooting	NT	31.82
2	Moataz Bella Aly Mohamed	32	Heliopolis	NT	35.26
3	Mohamed Hussein Mohamed	31	Cairo	NT	36.33
4	Beshoy Maher Hosny	33	Canal El Suez	NT	40.32
---	Mahmoud Moh. Yosif Mohamed	32	El Gezira	NT	NS
---	Mohamed Ebrahim Al Bakaly	34	Shooting	NT	NS
---	Yahia Abdelhalim Mohamed Ahm	34	El Shams	NT	NS

**Event 8 Men 35-39 50 LC Meter Breaststroke**

1	Saad Tarek Saad Zaklol	36	El Gezira	NT	35.35
2	Loai Ismael Hafez	38	Tanta	NT	42.93
---	Houssam Gaber	38	Shooting	NT	NS
---	Mohamed Khaled Ahmed	38	Maadi	NT	NS

**Event 8 Men 40-44 50 LC Meter Breaststroke**

1	Ahmed Osman Mohamed	43	Ahly	NT	37.34
2	Ahmed Hussain Dorra	42	Tanta	NT	40.54
3	Mohamed Elmy Sayed	41	El Zohour	NT	42.01
4	Markou Moheb	42	Shooting	NT	45.03
---	Khaled Mahmoud Elsayed	41	Shooting	NT	NS
---	Mohamad Ahmad Ezzat Emam	43	Shooting	NT	NS

**Event 8 Men 45-49 50 LC Meter Breaststroke**

1	Abdelmoneim Khalaf	45	Sporting	NT	34.99
2	Mohamed Ahmad Hany Yossef	45	Shooting	NT	39.41
3	Yassen Shazly Fortune	46	Heliopolis	NT	39.54
4	Sherief Fathe abd Elwahab	47	Cairo	NT	40.36
5	Sheref Wahed Emam	46	Heliopolis	NT	41.36
6	Wael Mansour Ahmed ali	48	El Shams	NT	44.45

**Event 8 Men 50-54 50 LC Meter Breaststroke**

1	Taeimour Ahmed Seifalla Ghaleb	51	El Gezira	NT	39.48
2	Yaser Aseim Mahmoud	51	Heliopolis	NT	42.38
3	Khaled Salah El Din Mohamed	53	Shooting	NT	44.37
4	Khaled Abdel Hamed Soliman	54	Shooting	NT	49.81

**Event 8 Men 55-59 50 LC Meter Breaststroke**

1	Yasser Hussein Fayyad	56	El Shams	NT	38.88
2	Amr Mohamed Samy Abdel Karin	55	Shooting	NT	40.25

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**(Event 8 Men 55-59 50 LC Meter Breaststroke)**

3	Waleed Mahmoud Diab	57	Shooting	NT	40.96
4	Walid Mohamed Ibrahim ElSheik	57	Maadi	NT	41.27
5	Yaser Husen Mohamed Tawfek	57	Heliopolis	NT	44.41
---	Yasser Saed Aly Ahmad Khalil	57	Shooting	NT	NS

**Event 8 Men 60-64 50 LC Meter Breaststroke**

1	Khaled Nasr El Din Reiad	64	Heliopolis	NT	39.15
2	Hany Aziz Sedky	61	Shooting	NT	40.49
3	Ahmed Morsy Mostafa Fahmy	64	El Gezira	NT	41.05
4	Mohsan Abou Alwafa	62	Sporting	NT	45.55
5	Hosam El Den Tanawy	61	Heliopolis	NT	47.17
6	Mohamed Mostafa Nour Al Din	64	Shooting	NT	53.12
7	Abdalla Mahmoud Khalil Elnahas	63	El Gezira	NT	58.13
8	Mohamed Ahmed Fouad Abdou	64	El Shams	NT	58.32
9	Amr Mahmoud Abdel Aziz	63	Ahly	NT	1:00.14
10	Mohamed Abdel Haliem	64	Ahly	NT	1:08.36

**Event 8 Men 65-69 50 LC Meter Breaststroke**

1	Abdel Aziz Mohamed Hashim	68	Heliopolis	NT	42.39
2	Mohamed Galal Eldin Farag Ham:	66	Ahly	NT	44.07
3	Mostafa Hassan Abou El Fotouh	66	Shooting	NT	46.93
4	Osman Ahmed Ali	65	Ahly	NT	48.25
5	Mohamed Warda	68	Sporting	NT	48.56
6	Taher Mohamdy Moh. Soleman	66	El Gezira	NT	1:00.68
---	Haeid Salah El Din Hafes	68	El Gezira	NT	NS
---	Mohamed Esam El Din Ebrahim	67	Heliopolis	NT	NS
---	Yasser Mohamed Mounir abd el A	68	El Shams	NT	NS

**Event 8 Men 70-74 50 LC Meter Breaststroke**

1	Mohssein Abdel Kawy Al Houssei	73	Ahly	NT	46.27
2	Mohamed Abdelfatah Mohamwd	71	Shooting	NT	48.45
3	Mohamed Mosaad Fayed	72	Heliopolis	NT	51.09
4	Abdel Sameia Abdel Hakim Ahme	74	Maadi	NT	52.26
5	Mohamed Kamel Mazen	71	Ahly	NT	1:06.28
6	Hany Kamal Nasar	72	Heliopolis	NT	1:09.41
7	Atef Youssief Hanna	71	Cairo	NT	1:29.86
---	Gamal Ismail Mohamed	71	Shooting	NT	NS

**Event 8 Men 75-79 50 LC Meter Breaststroke**

1	Ahmed Hany Yosef Ezz El Din	75	Shooting	NT	50.57
2	Ramy Ahmed Refaat	75	El Gezira	NT	57.62
3	Mohamed Ali Mousa	76	Ahly	NT	1:12.11
---	Hassan El Tomy	78	Sporting	NT	NS
---	Hesham Omar Sedky	78	Shooting	NT	NS

**Event 8 Men 80-84 50 LC Meter Breaststroke**

1	Salah El Din Mostafa Al Saba	82	Shooting	NT	59.05
2	Bahgat Mohamerd Farag Hamza	81	El Gezira	NT	1:01.15
3	Said Ahmed Kamal	80	Ahly	NT	1:06.77
4	Mohamed Refaat Ahmed Refaat	80	Ahly	NT	1:17.22
5	Housam Zaki Fahmy	83	El Gezira	NT	1:23.06
6	Mohamed Salah El Din Mortagy	84	Shooting	NT	1:37.10

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**Event 8 Men 85-89 50 LC Meter Breaststroke**

1	Ahmed Hamada	85 Sporting	NT	1:02.76
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**Event 9 Mixed 25 & Over 200 LC Meter Relay 4\*50m Free Mixed 120**

1	Shooting	A	NT	1:58.50
2	Ahly	A	NT	1:58.98
3	El Shams	A	NT	2:05.06
4	Heliopolis	A	NT	2:10.21
5	Cairo	A	NT	2:12.67

**Event 10 Mixed 25 & Over 200 LC Meter Relay 4\*50m Free Mixed 160**

1	Shooting	A	NT	1:57.36
2	El Shams	A	NT	2:06.46
3	Heliopolis	A	NT	2:10.73
4	El Gezira	A	NT	2:20.89

**Event 11 Mixed 25 & Over 200 LC Meter Relay 4\*50m Free Mixed 200**

1	Sporting	A	NT	2:13.63
2	Shooting	A	NT	2:17.84
3	El Gezira	A	NT	2:17.98
4	Maadi	A	NT	2:20.21
5	Heliopolis	A	NT	2:30.51
6	El Shams	A	NT	2:46.35
7	Cairo	A	NT	2:48.59

**Event 12 Mixed 25 & Over 200 LC Meter Relay 4\*50m Free Mixed 240**

1	Sporting	A	NT	2:21.20
2	Shooting	A	NT	2:29.09
3	El Gezira	A	NT	2:33.57
4	Heliopolis	A	NT	2:34.09

**Event 13 Women 25-29 200 LC Meter Freestyle**

1	Brehan Ali Mosaad Idres	25 Smoha	NT	2:36.63
2	Mounira Ebrahim Basuony	25 Smoha	NT	2:47.29
3	Rafif Hesham Sayed	29 El Zohour	NT	2:49.16
4	Merhan Yasser Mohamed Salem	25 El Zohour	NT	2:49.74
5	Haidy Ashraf Farouk	26 El Zohour	NT	3:09.16
6	Salma Abd EL Hakeem Mohame	28 El Shams	NT	3:13.42
7	Sanna Ashraf Mohmed	29 Cairo	NT	3:25.38
8	Mariem Mohmed Saeid	29 Cairo	NT	3:51.70
---	Merna Amr Abd EL Fatah	27 Heliopolis	NT	NS
---	Mayar Hesham ali	28 Cairo	NT	NS

**Event 13 Women 30-34 200 LC Meter Freestyle**

1	Noha Moussad Mohamed Ismaiel	33 El Zohour	NT	3:08.49
2	Yasmeen Moussad Mohamed Ism	30 El Zohour	NT	3:12.75

**Event 13 Women 35-39 200 LC Meter Freestyle**

1	Aya Ezzeddin Abdelhamed	36 Shooting	NT	2:31.32
2	Dina Ahmad Mohammad Nafea	35 Shooting	NT	3:05.80
3	Batol Husen Shahen	37 Heliopolis	NT	3:07.10
4	Radwa Abdelgalil Mahmoud	36 Cairo	NT	3:27.40

**Event 13 Women 40-44 200 LC Meter Freestyle**

1	Saly Farag Abdelaziz Farag	44 Shooting	NT	4:32.40
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**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**Event 13 Women 45-49 200 LC Meter Freestyle**

1	Samaa Sultan	45	Sporting	NT	2:53.97
2	Heba Mohamed AbdelGhaffar	47	El Ghaba	NT	4:42.41
---	Sherifa Salah Sabry Mohamed	49	TM Sports	NT	NS

**Event 13 Women 50-54 200 LC Meter Freestyle**

1	Nermen Kamel Zakher Mousa	51	Shooting	NT	3:27.34
2	Monica Elena Bopescu	51	Shooting	NT	3:33.53
3	Salam Taha Houssein	53	Shooting	NT	4:37.55

**Event 13 Women 55-59 200 LC Meter Freestyle**

1	Marie Elhage	59	Sporting	NT	3:04.87
2	Noha Mahmoud Deiab	57	Shooting	NT	4:22.02
3	Rana Fouad Ali Mohsen	59	El Shams	NT	4:53.77

**Event 13 Women 60-64 200 LC Meter Freestyle**

1	Maha Mohmoud El Kholy	63	Heliopolis	NT	4:11.34
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**Event 13 Women 65-69 200 LC Meter Freestyle**

1	Natalia Aleshchenko	67	Pregel Club	NT	3:14.65
2	Nisren Saad	66	Sporting	NT	3:31.53
3	Mona Mohamad Abdel Khalek	65	Shooting	NT	4:45.77
---	Saher Mohamed el Tibi	68	Heliopolis	NT	NS

**Event 13 Women 70-74 200 LC Meter Freestyle**

1	Hoda Salah El Din Mortada	70	Heliopolis	NT	4:49.65
---	Nadia Elgendy Girges	73	Shooting	NT	NS

**Event 13 Women 80-84 200 LC Meter Freestyle**

1	Nagwa Yousef Gharab	81	Heliopolis	NT	4:53.99
2	Sameha Kamal Seif El Nasr	81	Heliopolis	NT	6:57.57
3	Palma Csepeli	80	Regele	NT	7:09.39

**Event 14 Men 25-29 200 LC Meter Freestyle**

1	Marwan El Amrawy	29	Sporting	NT	1:57.63
2	Ahmed Mohamed Lotfy	26	Ahly	NT	2:03.18
3	Omar Hesham Abdel Latif Hassar	27	Cairo	NT	2:13.43
4	Nour Eldin Ahmad Elwesemy	26	Shooting	NT	2:14.84
5	Omar Wael Hashem Aly	29	El Shams	NT	2:23.22
6	Khaled Ahmed Attia	28	Canal El Suez	NT	2:36.74
---	Abdelrahman Mohamed Gaber	26	El Ghaba	NT	NS
---	Omar Ahmad Khaled	27	Heliopolis	NT	NS
---	Seif Mohamed Medhat	29	Ahly	NT	NS

**Event 14 Men 30-34 200 LC Meter Freestyle**

1	Mahmoud Alsaad Soltan	30	Tanta	NT	2:10.07
2	Omar Abdelmonem Mohmed	31	Cairo	NT	2:12.77
3	Islam Maged	34	Sporting	NT	2:16.81
4	Mohamed Ahmed Elsaied Ahmed	31	El Shams	NT	2:26.31
5	Ahmed Mohamed Medhat Ahmec	33	El Shams	NT	2:45.30

**Event 14 Men 35-39 200 LC Meter Freestyle**

1	Yousef Hesham Yousef Sayed Gon	37	Shooting	NT	2:16.61
2	Hosam Mohammad Alghazaly	35	Shooting	NT	2:21.11
3	Mohamed Hosny AbdElmgd	36	Canal El Suez	NT	2:27.99
4	Mohamed Saied Mohamed Hassa	37	El Gezira	NT	2:32.34
5	Islam Mohamed Teema	35	Canal El Suez	NT	2:44.40

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**(Event 14 Men 35-39 200 LC Meter Freestyle)**

--- Mohamed Khaled Ahmed 38 Maadi NT NS

**Event 14 Men 40-44 200 LC Meter Freestyle**

1 Sherif Adel Ramsis Eppo 40 Shooting NT 2:31.55  
 2 Ahmed Saied Mohmed 43 Cairo NT 2:59.95  
 3 Ahmed Hussain Dorra 42 Tanta NT 3:17.41  
 --- Khaled Mahmoud Elsayed 41 Shooting NT NS  
 --- Ahmed Emad Mohamed Neihad 40 Heliopolis NT NS

**Event 14 Men 45-49 200 LC Meter Freestyle**

1 Ali Mohamed Ali Salman 45 El Gezira NT 2:27.05  
 2 Mohamed Ahmad Hany Yossef 45 Shooting NT 2:29.26  
 3 Ashraf AL Quidy 49 Yacht Alex NT 2:36.94  
 4 Ahmed Nabil Abd Elaziz 46 El Zohour NT 2:40.87  
 5 Jose Sanchez 47 El Gezira NT 2:48.22  
 6 Yassen Shazly Fortune 46 Heliopolis NT 2:52.91  
 7 Hazem Abdelrahman Mohamed 45 El Shams NT 2:53.22  
 --- Wael Mansour Ahmed ali 48 El Shams NT NS

**Event 14 Men 50-54 200 LC Meter Freestyle**

1 Ayman Al Quidy 52 Yacht Alex NT 2:28.49  
 2 Karim Assem Moh. Abou El Enein 53 El Gezira NT 2:42.76  
 3 Mohamad Mohamad Abdel Hame 53 Shooting NT 2:50.49  
 4 Hisham Hany El bon 54 Canal El Suez NT 3:03.10  
 5 Mohamed ali Mahmoud 52 Cairo NT 3:03.13

**Event 14 Men 55-59 200 LC Meter Freestyle**

1 Ahmed Rashad Mah. Salam 56 El Gezira NT 2:39.42  
 2 Yaser Husen Mohamed Tawfek 57 Heliopolis NT 2:48.16  
 3 Walid Mohamed Ibrahim ElSheik 57 Maadi NT 2:56.25  
 4 Ashraf Mohmed Fouad 57 Cairo NT 3:36.28  
 --- Sherif Salah Eldin Mahmoud 58 Shooting NT NS  
 --- Zahran Abdel Aziz Zahran 55 Shooting NT NS

**Event 14 Men 60-64 200 LC Meter Freestyle**

1 Osama Ahmad Momtaz 64 Shooting NT 2:42.85  
 2 Mohsan Abou Alwafa 62 Sporting NT 2:56.77  
 3 Tarik Mohamed Abaza 63 Ahly NT 3:15.21  
 4 Amr Mahmoud Abdel Aziz 63 Ahly NT 3:31.70  
 --- Ahmed Morsy Mostafa Fahmy 64 El Gezira NT NS

**Event 14 Men 65-69 200 LC Meter Freestyle**

1 Ragaa Ahmed Taha Maarouf 67 Shooting NT 2:41.88  
 2 Amr Mansour 69 Sporting NT 3:05.44  
 3 Ahmed Ibrahim Edreis 69 Heliopolis NT 3:13.88  
 4 Hesham Fouad Mahmoud 66 Cairo NT 3:14.42  
 5 Mohamed Warda 68 Sporting NT 3:51.68  
 6 Mostafa Hassan Abdel Tawab 65 Ahly NT 3:57.28  
 --- Yasser Mohamed Mounir abd el A 68 El Shams NT NS

**Event 14 Men 70-74 200 LC Meter Freestyle**

1 Taher Khaled Mohamed Abou Sai 74 Shooting NT 3:13.92  
 2 Mohamed Mahmoud Abas 74 Shooting NT 3:37.37  
 3 Ezzeldin Abdelhalim Abdelhamis 73 El Shams NT 5:11.76

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**(Event 14 Men 70-74 200 LC Meter Freestyle)**

4	Alsayed Mohamad Boraie	70	Shooting	NT	5:24.50
---	Mohamed Kamel Mazen	71	Ahly	NT	NS
---	Atef abd Elghany Abdelgawad	72	El Zohour	NT	NS

**Event 14 Men 75-79 200 LC Meter Freestyle**

1	Karam Mohamed Habieb	77	Heliopolis	NT	3:34.17
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**Event 14 Men 80-84 200 LC Meter Freestyle**

1	Salah El Din Mostafa Al Saba	82	Shooting	NT	4:14.80
2	Said Ahmed Kamal	80	Ahly	NT	4:38.16
3	Bahgat Mohamerd Farag Hamza	81	El Gezira	NT	4:45.42
4	Ehab Shalabi	84	Heliopolis	NT	5:17.27
5	Mostafa Mohamed Rashad Mahm	83	Ahly	NT	5:39.92
6	Mosaad Hassan Shehab	81	Shooting	NT	5:58.00
7	Mostafa Ebrahim Mohamad Huss	80	Shooting	NT	6:14.13

**Event 14 Men 85-89 200 LC Meter Freestyle**

1	Ahmed Hamada	85	Sporting	NT	3:41.94
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**Event 15 Women 25-29 100 LC Meter Backstroke**

1	Mounira Ebrahim Basuony	25	Smoha	NT	1:20.71
2	Merhan Yasser Mohamed Salem	25	El Zohour	NT	1:31.26
3	Mayar Hesham ali	28	Cairo	NT	1:37.78
4	Farha Ehab Abou El Senoun	25	Heliopolis	NT	1:51.45
5	Sanna Ashraf Mohmed	29	Cairo	NT	2:04.17

**Event 15 Women 30-34 100 LC Meter Backstroke**

1	Wesam Hossam Eddin Ebrahim	33	Shooting	NT	1:44.85
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**Event 15 Women 35-39 100 LC Meter Backstroke**

1	Heba Alla Yahya Abd Elrahman	38	Ahly	NT	1:25.20
2	Asmaa Ali Mohamed Mahmoud	36	El Shams	NT	1:27.20
3	Passant Magdy Mahmoud Mouss:	35	El Shams	NT	1:27.35
4	Nora Fouad Ali Ibrahim	38	Shooting	NT	1:43.15
5	Youmna Hossam Eldin Hamed	38	Heliopolis	NT	1:49.70

**Event 15 Women 40-44 100 LC Meter Backstroke**

1	Sherok Sherif Al Shenawy	40	Maadi	NT	1:24.04
2	Liudmila Kokhan	44	Pregel Club	NT	1:39.51
3	Nesma Hussain Ambaby Nasr	40	Ahly	NT	1:46.45
---	Omneya Tarif	40	Sporting	NT	NS
---	Basant Moh. Ashraf Montaser	44	El Gezira	NT	NS

**Event 15 Women 45-49 100 LC Meter Backstroke**

1	Noha Farouk	45	Yacht Alex	NT	2:24.69
2	Heba Mohamed AbdelGhaffar	47	El Ghaba	NT	2:31.92
---	Rania Mohammad Raafat	47	Shooting	NT	NS

**Event 15 Women 50-54 100 LC Meter Backstroke**

1	Rania Sami	53	Sporting	NT	1:27.54
2	Salam Taha Houssein	53	Shooting	NT	2:21.74

**Event 15 Women 55-59 100 LC Meter Backstroke**

1	Sherien Ali Sery	58	Heliopolis	NT	1:44.15
2	Marie Elhage	59	Sporting	NT	1:45.94
3	Nahla Housen Gmal EL Den	57	Heliopolis	NT	2:08.88

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**(Event 15 Women 55-59 100 LC Meter Backstroke)**

4	Magda Ebrahim Khalil	58	Cairo	NT	2:20.01
5	Wesam Ahmed Mohamed Hamdy	58	Heliopolis	NT	2:40.42
6	Manal Fawzi Gadalla	59	Heliopolis	NT	3:35.12

**Event 15 Women 60-64 100 LC Meter Backstroke**

1	Katrein Mary Hanafy	60	Shooting	NT	1:55.59
2	Maha Mohmoud El Kholy	63	Heliopolis	NT	2:21.48
3	Ghada Ali Jouny	60	El Gezira	NT	2:51.59
---	Nazla Faeidalla	64	Ahly	NT	NS

**Event 15 Women 65-69 100 LC Meter Backstroke**

1	Nisren Saad	66	Sporting	NT	1:49.57
2	Rawiea Mohamed Asaad	68	Shooting	NT	3:45.56

**Event 15 Women 70-74 100 LC Meter Backstroke**

1	Douriea Ahmed Nazzmy	73	Maadi	NT	2:20.08
---	Nadia Elgendy Girges	73	Shooting	NT	NS

**Event 15 Women 80-84 100 LC Meter Backstroke**

1	Nagwa Yousef Gharab	81	Heliopolis	NT	2:23.51
2	Madiha Mohamed Sherif	81	Heliopolis	NT	3:11.57
3	Palma Csepeli	80	Regele	NT	3:22.46

**Event 16 Men 25-29 100 LC Meter Backstroke**

1	Mohamed Nour Ibrahim	29	Ahly	NT	1:06.29
2	Shady Medhat Hassn	27	Ahly	NT	1:08.42
3	Basel Hussin Ebrahim Ahmed	26	Shooting	NT	1:09.91
4	Farid Tadros Morad Tadros	25	El Gezira	NT	1:16.40
---	Abdelrahman Mohamed Gaber	26	El Ghaba	NT	NS

**Event 16 Men 30-34 100 LC Meter Backstroke**

1	Mohammad Tarek Mohammad H	31	Shooting	NT	1:23.00
---	Amro Essam Aly Abd El Naby	33	El Gezira	NT	NS
---	Mohamad Hesham Ahmad Mosta	32	Shooting	NT	NS

**Event 16 Men 35-39 100 LC Meter Backstroke**

1	Omar Abd El Maged El Akad	35	Heliopolis	NT	1:30.73
2	Loai Ismael Hafez	38	Tanta	NT	1:32.18

**Event 16 Men 40-44 100 LC Meter Backstroke**

1	Sherif Adel Ramsis Eppo	40	Shooting	NT	1:17.77
2	Mohamed Fathy Mohamed	42	El Shams	NT	1:25.72
3	Mohamed Elmy Sayed	41	El Zohour	NT	1:44.71

**Event 16 Men 45-49 100 LC Meter Backstroke**

1	Amr El Arwosy	45	Sporting	NT	1:19.42
2	Yasser AbdelHady AbdelHady	48	El Shams	NT	1:20.17
3	Mohamed Wagih Ahmed Elbedev	45	El Shams	NT	1:21.64
4	Ahmed Nabil Abd Elaziz	46	El Zohour	NT	1:25.04
5	Mohamed Abdelhamid Elebiary	49	Ahly	NT	1:40.65
6	Hossam Elden Hussien	48	Cairo	NT	1:48.24

**Event 16 Men 50-54 100 LC Meter Backstroke**

1	Hany Farouk Abdelhmed	50	Tanta	NT	1:22.46
2	Ahmed Aly Yossef	52	Tanta	NT	1:29.17
---	Tarek Hassan Bakry	53	Heliopolis	NT	NS

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**Event 16 Men 55-59 100 LC Meter Backstroke**

1	Ihab Gamil Labib Salib	55	El Shams	NT	1:32.50
2	Osama Nayef Sleem	57	Canal El Suez	NT	1:39.35
3	Magdy Farouk Fouad Hanna	57	El Shams	NT	1:54.22

**Event 16 Men 60-64 100 LC Meter Backstroke**

1	Waled Mohamed Fathy	60	Heliopolis	NT	1:23.47
2	Hosam El Den Tanawy	61	Heliopolis	NT	1:34.78
3	Mohsan Abou Alwafa	62	Sporting	NT	1:41.87
4	Tarik Mohamed Abaza	63	Ahly	NT	1:51.84
---	Ahmed Mohamed Ibrahim	64	Shooting	NT	NS

**Event 16 Men 65-69 100 LC Meter Backstroke**

1	Ibrahim Ahmed Elaidy	68	Canal El Suez	NT	1:30.10
2	Yaser Mohamed Maghraby	67	Heliopolis	NT	1:33.19
3	Mostafa Hassan Abdel Tawab	65	Ahly	NT	2:14.23
---	Taher Mohamdy Moh. Soleman	66	El Gezira	NT	DQ
---	Samy Wahby Sief	67	Heliopolis	NT	NS

**Event 16 Men 70-74 100 LC Meter Backstroke**

1	Mohssein Abdel Kawy Al Houssei	73	Ahly	NT	1:46.04
2	Moneir Hossein Eisa Abdel Rahei	72	Shooting	NT	1:50.35
3	Ali Selim Al Halaby	71	Heliopolis	NT	1:51.76
4	Mohamed Mahmoud Abas	74	Shooting	NT	1:55.96
---	Alsayed Mohamad Boraie	70	Shooting	NT	NS
---	Atef abd Elghany Abdelgawad	72	El Zohour	NT	NS
---	Elsayed Hassan AboElwafa	70	Canal El Suez	NT	NS

**Event 16 Men 75-79 100 LC Meter Backstroke**

1	Karam Mohamed Habieb	77	Heliopolis	NT	2:04.65
---	Hassan El Tomy	78	Sporting	NT	NS

**Event 16 Men 80-84 100 LC Meter Backstroke**

1	Ahmed Abdel Baset	82	El Gezira	NT	1:51.80
2	Mohamed Refaat Ahmed Refaat	80	Ahly	NT	2:44.92
3	Mosaad Hassan Shehab	81	Shooting	NT	3:05.84
4	Mohamed Salah El Din Mortagy	84	Shooting	NT	3:55.74
---	Baheig Boshra Meikhaeil	84	Heliopolis	NT	NS

**Event 16 Men 85-89 100 LC Meter Backstroke**

1	Wafeik Aeibad	86	Heliopolis	NT	2:31.51
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**Event 16 Men 90-94 100 LC Meter Backstroke**

1	Mahfouz Gerges Ghabreial	91	Ahly	NT	3:30.05
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**Event 17 Women 25 & Over 200 LC Meter Relay 4\*50m Medley 120**

1	El Shams	A	NT	2:38.68
2	Shooting	A	NT	2:47.60
3	Cairo	A	NT	3:12.81

**Event 18 Women 25 & Over 200 LC Meter Relay 4\*50m Medley 160**

1	Shooting	A	NT	2:49.39
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**Event 19 Women 25 & Over 200 LC Meter Relay 4\*50m Medley 200**

1	Sporting	A	NT	2:43.99
2	Heliopolis	A	NT	3:25.84
3	Shooting	A	NT	3:37.14

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**Event 20 Women 25 & Over 200 LC Meter Relay 4\*50m Medley 240**

1	El Gezira	A	NT	3:02.01
2	Heliopolis	A	NT	3:33.21
3	Shooting	A	NT	3:44.49

**Event 21 Men 25 & Over 200 LC Meter Relay 4\*50m Medley 120**

1	Shooting	A	NT	2:00.38
2	Ahly	A	NT	2:02.00
3	Heliopolis	A	NT	2:04.83
4	El Shams	A	NT	2:07.11
5	Cairo	A	NT	2:10.29

**Event 22 Men 25 & Over 200 LC Meter Relay 4\*50m Medley 160**

1	Sporting	A	NT	2:02.64
2	El Shams	A	NT	2:12.63
3	Shooting	A	NT	2:13.03
4	Tanta	A	NT	2:14.11

**Event 23 Men 25 & Over 200 LC Meter Relay 4\*50m Medley 200**

1	Shooting	A	NT	2:16.89
2	El Shams	A	NT	2:27.74
3	Heliopolis	A	NT	2:28.94
4	Ahly	A	NT	2:33.38

**Event 24 Men 25 & Over 200 LC Meter Relay 4\*50m Medley 240**

1	Shooting	A	NT	2:22.60
2	Heliopolis	A	NT	2:23.98
3	El Gezira	A	NT	2:38.19
4	Sporting	A	NT	2:39.56
5	Cairo	A	NT	3:35.93

**Event 25 Men 25-29 400 LC Meter Freestyle**

1	Marwan El Amrawy	29	Sporting	NT	4:17.92
2	Ahmed Mohamed Lotfy	26	Ahly	NT	4:36.31
3	Omar Hesham Abdel Latif Hassar	27	Cairo	NT	4:47.19

**Event 25 Men 30-34 400 LC Meter Freestyle**

1	Mahmoud Alsaad Soltan	30	Tanta	NT	4:51.44
2	Omar Abdelmonem Mohamed	31	Cairo	NT	4:52.10
3	Mohamed Ahmed Elsaied Ahmed	31	El Shams	NT	5:09.77
4	Mohamed Ebrahim Al Bakaly	34	Shooting	NT	5:14.55
5	Moataz Mahmoud abd Elmonem	30	Cairo	NT	5:48.11

**Event 25 Men 35-39 400 LC Meter Freestyle**

1	Yousef Hesham Yousef Sayed Gon	37	Shooting	NT	5:08.54
2	Hosam Mohammad Alghazaly	35	Shooting	NT	5:09.39
3	Ahmed Yousry Moktar	38	Shooting	NT	5:58.06
4	Salah Eldin Sabry Taha Elsaeid	38	Shooting	NT	6:22.66
5	Mahmoud Abdel Monaem Ossma	37	Shooting	NT	7:43.91
6	Mohamed Abdullah	38	Khartoum Sea Scout	NT	7:49.38

**Event 25 Men 40-44 400 LC Meter Freestyle**

1	Waleed Ahmed Fouad	43	Shooting	NT	4:58.18
2	Eslam Mahmoud Mohamad	43	Shooting	NT	5:50.08
3	Hussin Mohamad Ebrahim Badra	41	Shooting	NT	6:29.75
4	Ahmed Emad Mohamed Neihad	40	Heliopolis	NT	7:33.59

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**(Event 25 Men 40-44 400 LC Meter Freestyle)**

5	Ahmed Mohamed GadAlla	42	Canal El Suez	NT	7:41.40
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**Event 25 Men 45-49 400 LC Meter Freestyle**

1	Amr El Arwosy	45	Sporting	NT	5:17.27
2	Mohamed Ahmad Hany Yossef	45	Shooting	NT	5:23.65
3	Ashraf AL Quidy	49	Yacht Alex	NT	6:15.26
4	Mohamed Abdelhamid Elebiary	49	Ahly	NT	6:43.56
5	Sherief Fathe abd Elwahab	47	Cairo	NT	7:21.55
6	Ahmed Mohamed Amrousy	47	Shooting	NT	7:38.03
---	Ali Mohamed Ali Salman	45	El Gezira	NT	NS
---	Jose Sanchez	47	El Gezira	NT	NS
---	Mohamed Mossad Kandil	47	El Zohour	NT	NS
---	Mohamed Wagih Ahmed Elbedev	45	El Shams	NT	NS

**Event 25 Men 50-54 400 LC Meter Freestyle**

1	Ayman Al Quidy	52	Yacht Alex	NT	5:19.26
2	Karim Assem Moh. Abou El Enein	53	El Gezira	NT	5:48.33
3	Nabil Fayez Hanin	52	Shooting	NT	6:20.44
4	Nezar Ahm. Abdel Rahman Fakhr	54	El Gezira	NT	6:38.30
5	Mohmed ali Mahmoud	52	Cairo	NT	7:08.22
6	Mohamed Ahmed Esaad	53	Ahly	NT	7:08.83

**Event 25 Men 55-59 400 LC Meter Freestyle**

1	Ahmed Rashad Mah. Salam	56	El Gezira	NT	5:31.04
2	Walid Mohamed Ibrahim ElSheik	57	Maadi	NT	6:22.01
3	Yasser Saed Aly Ahmad Khalil	57	Shooting	NT	6:38.27
4	Tarik Soultan Abou Ali	55	Heliopolis	NT	8:25.41
---	Ashraf Mohmed Fouad	57	Cairo	NT	NS
---	Osama Nayef Sleem	57	Canal El Suez	NT	NS
---	Zahran Abdel Aziz Zahran	55	Shooting	NT	NS

**Event 25 Men 60-64 400 LC Meter Freestyle**

1	Osama Ahmad Momtaz	64	Shooting	NT	6:00.66
2	Hany Youseif Al Meseiry	60	Maadi	NT	6:45.09
3	Tarik Mohamed Abaza	63	Ahly	NT	7:14.17
4	Sherif Mohamad Mahmoud Hamr	64	Shooting	NT	7:14.18
5	Mohamed Ahmed Fouad Abdou	64	El Shams	NT	11:11.94

**Event 25 Men 65-69 400 LC Meter Freestyle**

1	Ragaa Ahmed Taha Maarouf	67	Shooting	NT	5:56.82
2	Amr Mansour	69	Sporting	NT	6:46.22
3	Osman Ahmed Ali	65	Ahly	NT	7:02.42
4	Hesham Fouad Mahmoud	66	Cairo	NT	7:11.90
5	Taher Mohamdy Moh. Soleman	66	El Gezira	NT	7:56.01
---	Ahmed Ibrahim Ghaly	69	Heliopolis	NT	NS

**Event 25 Men 70-74 400 LC Meter Freestyle**

1	Taher Khaled Mohamed Abou Sar	74	Shooting	NT	7:00.29
2	Ezzeldin Abdelhalim Abdelhamis	73	El Shams	NT	10:42.99
---	Atef abd Elghany Abdelgawad	72	El Zohour	NT	NS

**Event 25 Men 75-79 400 LC Meter Freestyle**

1	Karam Mohamed Habieb	77	Heliopolis	NT	7:36.84
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**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**Event 25 Men 80-84 400 LC Meter Freestyle**

1	Ahmed Abdel Baset	82	El Gezira	NT	9:00.84
2	Said Ahmed Kamal	80	Ahly	NT	9:55.26
3	Bahgat Mohamerd Farag Hamza	81	El Gezira	NT	10:26.35
4	Mostafa Mohamed Rashad Mahm	83	Ahly	NT	11:21.41
5	Ehab Shalabi	84	Heliopolis	NT	11:36.70

**Event 26 Women 25-29 400 LC Meter Freestyle**

1	Brehan Ali Mosaad Idres	25	Smoha	NT	5:37.99
2	Merhan Yasser Mohamed Salem	25	El Zohour	NT	6:03.98
3	Rafif Hesham Sayed	29	El Zohour	NT	6:08.67
---	Mariem Mohamed Saeid	29	Cairo	NT	NS
---	Merna Amr Abd EL Fatah	27	Heliopolis	NT	NS

**Event 26 Women 35-39 400 LC Meter Freestyle**

1	Aya Ezzeddin Abdelhamed	36	Shooting	NT	5:20.35
2	Nadien Adel Ageb Wasef	36	El Shams	NT	5:55.01
3	Dina Ahmad Mohammad Nafea	35	Shooting	NT	6:50.59

**Event 26 Women 40-44 400 LC Meter Freestyle**

1	Omneya Tarif	40	Sporting	NT	7:09.53
2	Saly Farag Abdelaziz Farag	44	Shooting	NT	9:40.42

**Event 26 Women 45-49 400 LC Meter Freestyle**

1	Samaa Sultan	45	Sporting	NT	6:18.31
2	Sherifa Salah Sabry Mohamed	49	TM Sports	NT	7:41.92

**Event 26 Women 50-54 400 LC Meter Freestyle**

1	Salam Taha Houssein	53	Shooting	NT	9:41.78
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**Event 26 Women 55-59 400 LC Meter Freestyle**

1	Marie Elhage	59	Sporting	NT	6:24.63
2	Rana Fouad Ali Mohsen	59	El Shams	NT	10:25.31

**Event 26 Women 60-64 400 LC Meter Freestyle**

1	Maha Mohmoud El Kholy	63	Heliopolis	NT	8:34.68
2	Seham Abdel Monaem Ahmed Kh	61	El Gezira	NT	10:07.67

**Event 26 Women 65-69 400 LC Meter Freestyle**

1	Mona Mohamad Abdel Khalek	65	Shooting	NT	10:17.84
2	Saher Mohamed el Tibi	68	Heliopolis	NT	10:23.39

**Event 26 Women 70-74 400 LC Meter Freestyle**

1	Mona Kamel Youseif	70	Heliopolis	NT	12:08.31
---	Nadia Elgendy Girges	73	Shooting	NT	NS

**Event 26 Women 80-84 400 LC Meter Freestyle**

1	Sameha Kamal Seif El Nasr	81	Heliopolis	NT	12:32.01
2	Nageya Salah El Din Zolfakar	81	El Gezira	NT	13:21.93

**Event 27 Men 25-29 200 LC Meter Breaststroke**

1	Omar Wael Hashem Aly	29	El Shams	NT	2:52.58
2	Abd Elrahman Yasser Tarief	27	Cairo	NT	2:58.66

**Event 27 Men 30-34 200 LC Meter Breaststroke**

1	Mohamed Ebrahim Al Bakaly	34	Shooting	NT	2:59.46
2	Mohamed Hussein Mohamed	31	Cairo	NT	3:00.49
3	Moataz Mahmoud abd Elmonem	30	Cairo	NT	3:49.33

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**(Event 27 Men 30-34 200 LC Meter Breaststroke)**

---	Mahmoud Moh. Yosif Mohamed	32	El Gezira	NT	NS
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**Event 27 Men 35-39 200 LC Meter Breaststroke**

1	Ehsan Mohamad Gomaa Mohama	38	Shooting	NT	3:01.57
2	Ahmed Yousry Moktar	38	Shooting	NT	3:37.58
3	Houssam Gaber	38	Shooting	NT	3:39.75
4	Abd Allah Abdo ElSaid Mattar	37	Maadi	NT	3:49.41

**Event 27 Men 40-44 200 LC Meter Breaststroke**

1	Ahmed Osman Mohamed	43	Ahly	NT	3:21.79
2	Markou Moheb	42	Shooting	NT	3:34.86
3	Eslam Mahmoud Mohamad	43	Shooting	NT	3:35.16
4	Hussin Mohamad Ebrahim Badra	41	Shooting	NT	3:44.73
5	Ahmed Emad Mohamed Neihad	40	Heliopolis	NT	4:10.08
---	Ahmed Hussain Dorra	42	Tanta	NT	NS
---	Mohamed Elmy Sayed	41	El Zohour	NT	NS

**Event 27 Men 45-49 200 LC Meter Breaststroke**

1	Mohamed Ahmad Hany Yossef	45	Shooting	NT	3:23.18
2	Yassen Shazly Fortune	46	Heliopolis	NT	3:32.41

**Event 27 Men 50-54 200 LC Meter Breaststroke**

1	Waleed Hassan Hussien Zayed	54	Shooting	NT	3:17.74
2	Mohamed Ahmed Mohamed Sakr	51	El Shams	NT	3:50.65
3	Mohamed Ahmed Esaad	53	Ahly	NT	3:53.85
4	Nezar Ahm. Abdel Rahman Fakhr	54	El Gezira	NT	4:36.90
---	Khaled Abdel Hamed Soliman	54	Shooting	NT	NS
---	Khaled Salah El Din Mohamed	53	Shooting	NT	NS

**Event 27 Men 55-59 200 LC Meter Breaststroke**

1	Yasser Hussein Fayyad	56	El Shams	NT	3:15.56
2	Waleed Mahmoud Diab	57	Shooting	NT	3:17.93
3	Amr Mohamed Samy Abdel Karim	55	Shooting	NT	3:37.74
4	Tarik Soultan Abou Ali	55	Heliopolis	NT	4:20.11

**Event 27 Men 60-64 200 LC Meter Breaststroke**

1	Hany Aziz Sedky	61	Shooting	NT	3:36.03
2	Hany Youseif Al Meseiry	60	Maadi	NT	3:43.97
3	Mohamed Ahmed Fouad Abdou	64	El Shams	NT	5:33.95
---	Khaled Nasr El Din Reiad	64	Heliopolis	NT	NS

**Event 27 Men 65-69 200 LC Meter Breaststroke**

1	Abdel Aziz Mohamed Hashim	68	Heliopolis	NT	4:01.67
2	Yasser Mohamed Mounir abd el A	68	El Shams	NT	4:16.23
3	Amr Abdellateif El Ghayesh	67	Maadi	NT	4:33.53
---	Mohamed Esam El Din Ebrahim	67	Heliopolis	NT	NS
---	Ahmed Ibrahim Ghaly	69	Heliopolis	NT	NS

**Event 27 Men 70-74 200 LC Meter Breaststroke**

1	Mohssein Abdel Kawy Al Houssei	73	Ahly	NT	4:07.81
2	Taher Khaled Mohamed Abou Sai	74	Shooting	NT	4:16.88
3	Mohamed Mosaad Fayed	72	Heliopolis	NT	4:32.89
4	Ezzeldin Abdelhalim Abdelhamis	73	El Shams	NT	7:57.28
5	Atef Youssief Hanna	71	Cairo	NT	7:58.92
---	Hany Kamal Nasar	72	Heliopolis	NT	NS

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**Event 27 Men 75-79 200 LC Meter Breaststroke**

1	Ahmed Hany Yosef Ezz El Din	75	Shooting	NT	4:46.97
2	Mohamed Ali Mousa	76	Ahly	NT	6:12.69

**Event 27 Men 80-84 200 LC Meter Breaststroke**

1	Bahgat Mohamerd Farag Hamza	81	El Gezira	NT	5:32.85
2	Said Ahmed Kamal	80	Ahly	NT	5:33.83
3	Yousef Anwar Ahm. Wahsh	80	El Gezira	NT	6:17.90
4	Housam Zaki Fahmy	83	El Gezira	NT	7:11.08
5	Mostafa Mohamed Rashad Mahm	83	Ahly	NT	8:35.10

**Event 28 Women 25-29 200 LC Meter Breaststroke**

1	Yara Moustafa Hassan Aly	28	Olympic	NT	3:04.68
2	Haidy Ashraf Farouk	26	El Zohour	NT	3:37.41
3	Mariam Houssin Kamal	25	El Zohour	NT	3:41.15
4	Salma Abd EL Hakeem Mohame	28	El Shams	NT	4:04.11
5	Mariem Mohmed Saeid	29	Cairo	NT	4:23.97
6	Sanna Ashraf Mohmed	29	Cairo	NT	4:55.54
---	Zena Essam Mohamed Saber	25	Shooting	NT	NS

**Event 28 Women 30-34 200 LC Meter Breaststroke**

1	Yuliia Kovalchuk	30	Shooting	NT	3:31.70
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**Event 28 Women 35-39 200 LC Meter Breaststroke**

1	Radwa Abdelgalil Mahmoud	36	Cairo	NT	3:58.67
---	Rana Yousri Shalah	36	El Gezira	NT	NS

**Event 28 Women 40-44 200 LC Meter Breaststroke**

1	Liudmila Kokhan	44	Pregel Club	NT	3:52.25
2	Lamyaa Mohamad Hassan Khalef	40	Shooting	NT	4:09.24

**Event 28 Women 45-49 200 LC Meter Breaststroke**

1	Salma Mohamed Hassan	48	Maadi	NT	3:28.41
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**Event 28 Women 55-59 200 LC Meter Breaststroke**

1	Magda Ebrahim Khalil	58	Cairo	NT	4:53.80
2	Noha Mahmoud Deiab	57	Shooting	NT	5:14.39
3	Manal Fawzi Gadalla	59	Heliopolis	NT	6:49.88
4	Amal Moh. Abd Elghaffar	57	El Gezira	NT	7:04.39
---	Wesam Ahmed Mohamed Hamdy	58	Heliopolis	NT	NS

**Event 28 Women 60-64 200 LC Meter Breaststroke**

1	Carole Jean Zaccar	61	El Gezira	NT	3:59.09
2	Lameia Ahmed Maher	63	El Gezira	NT	5:07.95
3	Neven Ramez Al Nagar	64	Heliopolis	NT	6:06.17

**Event 28 Women 65-69 200 LC Meter Breaststroke**

1	Natalia Aleshchenko	67	Pregel Club	NT	3:47.69
2	Neven Mohamed Khlel Salah	68	El Gezira	NT	4:35.39
3	Mona Mohamad Abdel Khalek	65	Shooting	NT	5:33.12

**Event 28 Women 70-74 200 LC Meter Breaststroke**

1	Mona Kamel Youseif	70	Heliopolis	NT	5:31.48
---	Nadia Elgendy Girges	73	Shooting	NT	NS

**Event 28 Women 75-79 200 LC Meter Breaststroke**

1	Nadya Zakareia El Araby	78	El Gezira	NT	5:56.36
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**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**Event 28 Women 80-84 200 LC Meter Breaststroke**

1	Madiha Mohamed Sherif	81	Heliopolis	NT	8:33.42
---	Palma Csepeli	80	Regele	NT	NS

**Event 29 Men 25-29 50 LC Meter Butterfly**

1	Omar Ahmad Khaled	27	Heliopolis	NT	25.06
2	Mohanad Mamdouh Shahan	25	El Shams	NT	27.38
3	Nour Eldin Ahmad Elwesemy	26	Shooting	NT	28.07
4	Mohamed Nour Ibrahim	29	Ahly	NT	28.26
5	Mostafa Alla Fathy	25	Shooting	NT	28.91
6	Basel Hussin Ebrahim Ahmed	26	Shooting	NT	29.45
7	Omar Mostafa Ebrahim	25	Heliopolis	NT	30.35
8	Seif Mohamed Medhat	29	Ahly	NT	31.10
9	Khaled Ahmed Attia	28	Canal El Suez	NT	33.81
---	Aly Mohab Abd Elraof	27	Heliopolis	NT	NS
---	Farid Tadros Morad Tadros	25	El Gezira	NT	NS
---	Amen Saad Kamel	28	Shooting	NT	NS
---	Ali Wael Hashem	25	El Shams	NT	NS

**Event 29 Men 30-34 50 LC Meter Butterfly**

1	Mostafa Mohamed Ramadan	30	Ahly	NT	28.64
2	Mahmoud Alsaad Soltan	30	Tanta	NT	28.81
3	Mohab Magdy	30	Sporting	NT	28.87
4	Mohammad Hassan Abdelmonea	32	Shooting	NT	29.03
5	Omar Abdelhamied Radwan	33	El Shams	NT	29.43
6	Ahmad Mohamad Sherif Salah El	33	Shooting	NT	30.91
7	Mohamed Hussein Mohamed	31	Cairo	NT	31.68
8	Yahia Abdelhalim Mohamed Ahm	34	El Shams	NT	32.02
9	Ahmed Mohamed Medhat Ahmec	33	El Shams	NT	32.07
10	Beshoy Maher Hosny	33	Canal El Suez	NT	32.60
11	Omar Mohamed Abdelfattah Moh	31	El Shams	NT	41.43
---	Karem Sameh El Shazly	34	Heliopolis	NT	NS
---	Mohamad Hesham Ahmad Mosta	32	Shooting	NT	NS

**Event 29 Men 35-39 50 LC Meter Butterfly**

1	Ehsan Mohamad Gomaa Mohama	38	Shooting	NT	28.04
2	Yousef Hesham Yousef Sayed Gon	37	Shooting	NT	28.36
3	Mohamed Hosny AbdElmged	36	Canal El Suez	NT	30.49
4	Karim Mohamed Talaat Altanahy	39	Shooting	NT	31.64
5	Mohamed Saied Mohamed Hassa	37	El Gezira	NT	31.72
6	Mohamed Khaled Ahmed	38	Maadi	NT	31.80
7	Salah Eldin Sabry Taha Elsaeid	38	Shooting	NT	33.99
8	Islam Mohamed Teema	35	Canal El Suez	NT	35.06
9	Mohamed Abdullah	38	Khartoum Sea Scout	NT	46.54
10	Mahmoud Abdel Monaem Ossma	37	Shooting	NT	52.56
---	Mohammad Adel Mansour Askar	37	Shooting	NT	NS
---	Abd Allah Abdo ElSaid Mattar	37	Maadi	NT	NS

**Event 29 Men 40-44 50 LC Meter Butterfly**

1	Sherif Adel Ramsis Eppo	40	Shooting	NT	27.51
2	Wael Dowidar	43	Sporting	NT	27.86
3	Eslam Mahmoud Mohamad	43	Shooting	NT	32.45
4	Basel Omar Abd Elaziz	41	El Zohour	NT	32.52
5	Mohamed Elsayed Abo El Wafa	42	Canal El Suez	NT	34.18
6	Ahmed Saied Mohmed	43	Cairo	NT	38.67

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**(Event 29 Men 40-44 50 LC Meter Butterfly)**

--- Ahmed Hussain Dorra 42 Tanta NT NS

**Event 29 Men 45-49 50 LC Meter Butterfly**

1 Abdelmoneim Khalaf 45 Sporting NT 30.62  
 2 Mohamed Mossad Kandil 47 El Zohour NT 31.02  
 \*3 Mohamed Wagih Ahmed Elbedev 45 El Shams NT 31.86  
 \*3 Ashraf AL Quidy 49 Yacht Alex NT 31.86  
 5 Yasser AbdelHady AbdelHady 48 El Shams NT 32.17  
 6 Emad El Din Yosef Mostafa 49 Shooting NT 33.19  
 7 Sheref Wahed Emam 46 Heliopolis NT 35.18  
 8 Yassen Shazly Fortune 46 Heliopolis NT 35.48  
 --- Karem Wagdy m Reyad 47 Heliopolis NT NS  
 --- Jose Sanchez 47 El Gezira NT NS  
 --- Ahmad Mostafa Fahmy 45 Shooting NT NS  
 --- Hazem Abdelrahman Mohamed 45 El Shams NT NS  
 --- Wael Mansour Ahmed ali 48 El Shams NT NS

**Event 29 Men 50-54 50 LC Meter Butterfly**

1 Mohamad Mohamad Abdel Hame 53 Shooting NT 34.22  
 2 Yaser Aseim Mahmoud 51 Heliopolis NT 41.11  
 3 Hisham Hany El bon 54 Canal El Suez NT 41.66  
 --- Tarek Hassan Bakry 53 Heliopolis NT NS

**Event 29 Men 55-59 50 LC Meter Butterfly**

1 Yaser Husen Mohamed Tawfek 57 Heliopolis NT 33.88  
 2 Ahmed Rashad Mah. Salam 56 El Gezira NT 33.99  
 3 Yasser Saed Aly Ahmad Khalil 57 Shooting NT 41.27

**Event 29 Men 60-64 50 LC Meter Butterfly**

1 Waled Mohamed Fatthy 60 Heliopolis NT 31.67  
 2 Ahmed Mohamed Ibrahim 64 Shooting NT 37.48  
 3 Sherif Mohamad Mahmoud Hamr 64 Shooting NT 39.68

**Event 29 Men 65-69 50 LC Meter Butterfly**

1 Ibrahim Ahmed Elaidy 68 Canal El Suez NT 39.93  
 2 Abdel Aziz Mohamed Hashim 68 Heliopolis NT 41.44  
 --- Mohamed Warda 68 Sporting NT NS

**Event 29 Men 70-74 50 LC Meter Butterfly**

1 Montaser Mohamad Ahmad Awad 70 Shooting NT 32.90  
 2 Ali Selim Al Halaby 71 Heliopolis NT 47.32  
 3 Abdel Sameia Abdel Hakim Ahme 74 Maadi NT 51.58  
 --- Moneir Hossein Eisa Abdel Rahei 72 Shooting NT NS

**Event 29 Men 75-79 50 LC Meter Butterfly**

1 Hesham Omar Sedky 78 Shooting NT 54.20  
 2 Ramy Ahmed Refaat 75 El Gezira NT 1:03.11  
 --- Hassan El Tomy 78 Sporting NT NS

**Event 29 Men 80-84 50 LC Meter Butterfly**

1 Ahmed Abdel Baset 82 El Gezira NT 59.15  
 2 Salah El Din Mostafa Al Saba 82 Shooting NT 1:00.28

**Event 29 Men 85-89 50 LC Meter Butterfly**

1 Ahmed Hamada 85 Sporting NT 52.82

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**Event 30 Women 25-29 50 LC Meter Butterfly**

1	Klara Esam Adly Nashed Soliman	26	Shooting	NT	33.89
2	Brehan Ali Mosaad Idres	25	Smoha	NT	36.93
3	Mariam Houssin Kamal	25	El Zohour	NT	37.82
4	Zena Essam Mohamed Saber	25	Shooting	NT	47.63
---	Hedy Amro Mostafa	25	Heliopolis	NT	NS

**Event 30 Women 30-34 50 LC Meter Butterfly**

1	Yuliia Kovalchuk	30	Shooting	NT	38.50
2	Mirna Mohamed Mohamed	30	Maadi	NT	49.22
---	Yomna Amro Nageb Kalaf	33	El Gezira	NT	NS

**Event 30 Women 35-39 50 LC Meter Butterfly**

1	Aya Ezzeddin Abdelhamed	36	Shooting	NT	34.13
2	Passant Magdy Mahmoud Mouss:	35	El Shams	NT	38.65
3	Alaa Ahmed Abo ElFotoh	39	TM Sports	NT	41.05
4	Shaymaa Samy Tawfeik	39	Heliopolis	NT	41.19
---	Rana Yousri Shalah	36	El Gezira	NT	NS
---	Yassmin Khaled Ahmed	36	TM Sports	NT	NS

**Event 30 Women 40-44 50 LC Meter Butterfly**

1	Sherok Sherif Al Shenawy	40	Maadi	NT	34.85
2	Nesma Hussain Ambaby Nasr	40	Ahly	NT	42.25
3	Amira Ayman Saif Elnasr	42	El Gezira	NT	52.63

**Event 30 Women 45-49 50 LC Meter Butterfly**

1	Nevein Mahmoud Ali	47	Shooting	NT	36.64
2	Noha Farouk	45	Yacht Alex	NT	58.09
3	Heba Mohamed AbdelGhaffar	47	El Ghaba	NT	58.82
---	Rania Mohammad Raafat	47	Shooting	NT	NS

**Event 30 Women 50-54 50 LC Meter Butterfly**

1	Rania Sami	53	Sporting	NT	44.95
---	Nermen Kamel Zakher Mousa	51	Shooting	NT	NS

**Event 30 Women 55-59 50 LC Meter Butterfly**

1	Sherwet Wafaa Moh. Hafez	57	El Gezira	NT	39.03
2	Manal Fawzi Gadalla	59	Heliopolis	NT	1:47.82

**Event 30 Women 60-64 50 LC Meter Butterfly**

1	Ingrid Wassmann	61	El Gezira	NT	48.94
2	Lameia Ahmed Maher	63	El Gezira	NT	1:02.52

**Event 30 Women 65-69 50 LC Meter Butterfly**

1	Jehan Ismaeil Ahmed Metwally	67	Shooting	NT	50.94
2	Saher Mohamed el Tibi	68	Heliopolis	NT	1:00.99

**Event 30 Women 70-74 50 LC Meter Butterfly**

1	Douriea Ahmed Nazzmy	73	Maadi	NT	1:10.81
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**Event 31 Women 25-29 100 LC Meter Freestyle**

1	Hannya Hossam Nabil Ibrahim	27	El Gezira	NT	1:08.00
2	Mounira Ebrahim Basuony	25	Smoha	NT	1:11.96
3	Rafif Hesham Sayed	29	El Zohour	NT	1:14.15
4	Merhan Yasser Mohamed Salem	25	El Zohour	NT	1:15.71
5	Sanna Ashraf Mohmed	29	Cairo	NT	1:29.66
6	Farha Ehab Abou El Senoun	25	Heliopolis	NT	1:32.11

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**(Event 31 Women 25-29 100 LC Meter Freestyle)**

7	Merna Amr Abd EL Fatah	27	Heliopolis	NT	1:53.50
---	Mayar Hesham ali	28	Cairo	NT	NS

**Event 31 Women 30-34 100 LC Meter Freestyle**

1	Mena Naser Radwan	33	Heliopolis	NT	1:21.16
2	Mirna Mohamed Mohamed	30	Maadi	NT	1:26.62
3	Wesam Hossam Eddin Ebrahim	33	Shooting	NT	1:30.42
---	Noha Moussad Mohamed Ismaiel	33	El Zohour	NT	NS
---	Yasmeen Moussad Mohamed Ism	30	El Zohour	NT	NS

**Event 31 Women 35-39 100 LC Meter Freestyle**

1	Heba Alla Yahya Abd Elrahman	38	Ahly	NT	1:09.90
2	Nora Fouad Ali Ibrahim	38	Shooting	NT	1:20.58
3	Dina Ahmad Mohammad Nafea	35	Shooting	NT	1:21.96
4	Batol Husen Shahan	37	Heliopolis	NT	1:25.61
---	Rana Yousri Shalah	36	El Gezira	NT	NS
---	Yassmin Khaled Ahmed	36	TM Sports	NT	NS

**Event 31 Women 40-44 100 LC Meter Freestyle**

1	Nesma Hussain Ambaby Nasr	40	Ahly	NT	1:25.19
2	Amira Ayman Saif Elnasr	42	El Gezira	NT	1:38.23

**Event 31 Women 45-49 100 LC Meter Freestyle**

1	Heba Mohamed AbdelGhaffar	47	El Ghaba	NT	2:10.67
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**Event 31 Women 50-54 100 LC Meter Freestyle**

1	Monica Elena Bopescu	51	Shooting	NT	1:33.96
2	Salam Taha Houssein	53	Shooting	NT	2:02.71

**Event 31 Women 55-59 100 LC Meter Freestyle**

1	Marie Elhage	59	Sporting	NT	1:26.81
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**Event 31 Women 60-64 100 LC Meter Freestyle**

1	Ingrid Wassmann	61	El Gezira	NT	1:29.60
2	Seham Abdel Monaem Ahmed Kh	61	El Gezira	NT	2:16.56
---	Nazla Faeidalla	64	Ahly	NT	NS
---	Elham Mostafa Esmail	61	Heliopolis	NT	NS

**Event 31 Women 65-69 100 LC Meter Freestyle**

1	Nisren Saad	66	Sporting	NT	1:35.25
2	Mona Mohamad Abdel Khalek	65	Shooting	NT	2:06.43
---	Saher Mohamed el Tibi	68	Heliopolis	NT	NS
---	Jehan Ismaeil Ahmed Metwally	67	Shooting	NT	NS

**Event 31 Women 70-74 100 LC Meter Freestyle**

1	Hoda Salah El Din Mortada	70	Heliopolis	NT	2:05.46
2	Nadia Esmail Mohamed	70	Heliopolis	NT	2:30.56

**Event 31 Women 75-79 100 LC Meter Freestyle**

1	Nadya Zakareia El Araby	78	El Gezira	NT	2:36.17
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**Event 31 Women 80-84 100 LC Meter Freestyle**

1	Nagwa Yousef Gharab	81	Heliopolis	NT	2:07.54
2	Nageya Salah El Din Zolfakar	81	El Gezira	NT	2:55.53
3	Sameha Kamal Seif El Nasr	81	Heliopolis	NT	3:08.07
4	Palma Csepeli	80	Regele	NT	3:20.77

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**Event 31 Women 85-89 100 LC Meter Freestyle**

1	Nabela Ahmed Sayed Ahmed	87	El Gezira	NT	3:01.10
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**Event 32 Men 25-29 100 LC Meter Freestyle**

1	Omar Ahmad Khaled	27	Heliopolis	NT	53.41
2	Ahmed Mohamed Lotfy	26	Ahly	NT	54.82
3	Belal Mosaad Altybe	25	Sporting	NT	58.01
4	Ali Wael Hashem	25	El Shams	NT	58.13
5	Nour Eldin Ahmad Elwesemy	26	Shooting	NT	59.55
6	Seif Mohamed Medhat	29	Ahly	NT	59.57
7	Mohamed Nour Ibrahim	29	Ahly	NT	59.86
8	Omar Hesham Abdel Latif Hassar	27	Cairo	NT	1:00.63
9	Khaled Ahmed Attia	28	Canal El Suez	NT	1:07.63
10	Mohamed Ahmed Aboelabbas	28	El Shams	NT	1:10.86
---	Omar Mostafa Ebrahim	25	Heliopolis	NT	NS
---	Mostafa Mohamed Elhoseni	26	Heliopolis	NT	NS

**Event 32 Men 30-34 100 LC Meter Freestyle**

1	Omar Abdelmonem Mohamed	31	Cairo	NT	57.94
2	Tarek Elsayed Mohamad Zayan	32	Shooting	NT	58.36
3	Mahmoud Alsaad Soltan	30	Tanta	NT	58.41
4	Mohab Magdy	30	Sporting	NT	58.42
5	Mohammad Hassan Abdelmonea	32	Shooting	NT	1:00.71
6	Mohamed Ahmed Elsaied Ahmed	31	El Shams	NT	1:01.48
7	Mohamed Hussein Mohamed	31	Cairo	NT	1:02.55
8	Yahia Abdelhalim Mohamed Ahm	34	El Shams	NT	1:07.33
9	Ahmed Mohamed Medhat Ahmec	33	El Shams	NT	1:07.88
10	Abdel Hakeim Essam Farag	34	Heliopolis	NT	1:16.40
11	Omar Mohamed Abdelfattah Moh	31	El Shams	NT	1:16.69
---	Amro Essam Aly Abd El Naby	33	El Gezira	NT	NS
---	Ahmad Mohamad Sherif Salah El	33	Shooting	NT	NS

**Event 32 Men 35-39 100 LC Meter Freestyle**

1	Hosam Mohammad Alghazaly	35	Shooting	NT	1:02.48
2	Mohamed Hosny AbdElmgd	36	Canal El Suez	NT	1:03.31
3	Mohamed Saied Mohamed Hassa	37	El Gezira	NT	1:03.89
4	Mohamed Khaled Ahmed	38	Maadi	NT	1:06.24
5	Islam Mohamed Teema	35	Canal El Suez	NT	1:08.32
---	Loai Ismael Hafez	38	Tanta	NT	NS
---	Mohammad Adel Mansour Askar	37	Shooting	NT	NS
---	Karim Mohamed Talaat Altanahy	39	Shooting	NT	NS
---	Mohamed Abdullah	38	Khartoum Sea Scout	NT	NS

**Event 32 Men 40-44 100 LC Meter Freestyle**

1	Waleed Ahmed Fouad	43	Shooting	NT	1:01.43
2	Ahmed Saied Mohmed	43	Cairo	NT	1:17.33
3	Yasser Ahmed Ameen	42	Canal El Suez	NT	1:23.68
---	Amr Ahmed Abdel Wahab	44	Sporting	NT	NS
---	Khaled Mahmoud Elsayed	41	Shooting	NT	NS
---	Mohamed Elmy Sayed	41	El Zohour	NT	NS
---	Mohamad Ahmad Ezzat Emam	43	Shooting	NT	NS

**Event 32 Men 45-49 100 LC Meter Freestyle**

1	Abdelmoneim Khalaf	45	Sporting	NT	1:04.04
2	Yasser AbdelHady AbdelHady	48	El Shams	NT	1:08.91

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**(Event 32 Men 45-49 100 LC Meter Freestyle)**

3	Ahmed Nabil Abd Elaziz	46	El Zohour	NT	1:09.20
4	Hazem Abdelrahman Mohamed	45	El Shams	NT	1:10.07
5	Wael Mansour Ahmed ali	48	El Shams	NT	1:15.76
6	Sherief Fathe abd Elwahab	47	Cairo	NT	1:16.02
---	Jose Sanchez	47	El Gezira	NT	NS
---	Mohamed Sabry Al Hakim	47	El Gezira	NT	NS

**Event 32 Men 50-54 100 LC Meter Freestyle**

1	Ayman Al Quidy	52	Yacht Alex	NT	1:06.03
2	Ahmed Aly Yossef	52	Tanta	NT	1:08.83
3	Mohamad Mohamad Abdel Hame	53	Shooting	NT	1:13.01
4	Nabil Fayez Hanin	52	Shooting	NT	1:13.45
5	Hisham Hany El bon	54	Canal El Suez	NT	1:22.94
6	Mohamed Ahmed Esaad	53	Ahly	NT	1:30.48
---	Amgd Hossam Adellateif	54	Shooting	NT	NS
---	Mohmed ali Mahmoud	52	Cairo	NT	NS

**Event 32 Men 55-59 100 LC Meter Freestyle**

1	Yasser Hussein Fayyad	56	El Shams	NT	1:08.52
2	Walid Mohamed Ibrahim ElSheik	57	Maadi	NT	1:17.63
3	Ashraf Mohmed Fouad	57	Cairo	NT	1:34.39
4	Tarik Soultan Abou Ali	55	Heliopolis	NT	1:41.46
---	Zahran Abdel Aziz Zahran	55	Shooting	NT	NS

**Event 32 Men 60-64 100 LC Meter Freestyle**

1	Ahmed Morsy Mostafa Fahmy	64	El Gezira	NT	1:10.64
2	Hany Youseif Al Meseiry	60	Maadi	NT	1:14.83
3	Ahmed Mohamed Ibrahim	64	Shooting	NT	1:19.09
4	Tarik Mohamed Abaza	63	Ahly	NT	1:25.43
5	Amr Mahmoud Abdel Aziz	63	Ahly	NT	1:33.27

**Event 32 Men 65-69 100 LC Meter Freestyle**

1	Ahmed Ibrahim Edreis	69	Heliopolis	NT	1:21.11
2	Yaser Mohamed Maghraby	67	Heliopolis	NT	1:21.44
3	Amr Mansour	69	Sporting	NT	1:23.59
4	Hesham Fouad Mahmoud	66	Cairo	NT	1:25.99
5	Mostafa Hassan Abdel Tawab	65	Ahly	NT	1:39.92
6	Samy Wahby Sief	67	Heliopolis	NT	2:00.91
---	Taher Mohamdy Moh. Soleman	66	El Gezira	NT	NS

**Event 32 Men 70-74 100 LC Meter Freestyle**

1	Montaser Mohamad Ahmad Awac	70	Shooting	NT	1:11.48
2	Taher Khaled Mohamed Abou Sai	74	Shooting	NT	1:26.12
3	Mohamed Abdelfatah Mohamwd	71	Shooting	NT	1:26.67
4	Mohamed Mahmoud Abas	74	Shooting	NT	1:28.02
5	Mohamed Mosaad Fayed	72	Heliopolis	NT	1:45.05
6	Abdel Sameia Abdel Hakim Ahme	74	Maadi	NT	1:45.93
7	Hany Kamal Nasar	72	Heliopolis	NT	1:53.71
8	Mohamed Kamel Mazen	71	Ahly	NT	1:55.56
9	Alsayed Mohamad Boraiei	70	Shooting	NT	2:03.59
10	Moataz Mohamed Talaat	72	Heliopolis	NT	2:20.64

**Event 32 Men 75-79 100 LC Meter Freestyle**

1	Mohamed Ali Mousa	76	Ahly	NT	2:43.34
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**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**(Event 32 Men 75-79 100 LC Meter Freestyle)**

---	Hassan El Tomy	78	Sporting	NT	NS
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**Event 32 Men 80-84 100 LC Meter Freestyle**

1	Mosaad Hassan Shehab	81	Shooting	NT	2:20.53
2	Mohamed Refaat Ahmed Refaat	80	Ahly	NT	2:21.09
3	Mostafa Mohamed Rashad Mahm	83	Ahly	NT	2:26.46
4	Ehab Shalabi	84	Heliopolis	NT	2:27.98
---	Mostafa Ebrahim Mohamad Huss	80	Shooting	NT	NS
---	Baheig Boshra Meikhaeil	84	Heliopolis	NT	NS

**Event 32 Men 85-89 100 LC Meter Freestyle**

1	Ahmed Hamada	85	Sporting	NT	1:34.29
2	Wafeik Aeibad	86	Heliopolis	NT	2:21.15

**Event 32 Men 90-94 100 LC Meter Freestyle**

1	Mahfouz Gerges Ghabreial	91	Ahly	NT	3:44.28
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**Event 33 Women 25-29 200 LC Meter Butterfly**

1	Brehan Ali Mosaad Idres	25	Smoha	NT	3:20.18
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**Event 33 Women 35-39 200 LC Meter Butterfly**

1	Yasmin Moh. Foad Nassar	37	El Gezira	NT	4:07.93
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**Event 33 Women 40-44 200 LC Meter Butterfly**

1	Lamyaa Mohamad Hassan Khalef	40	Shooting	NT	4:56.07
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**Event 33 Women 45-49 200 LC Meter Butterfly**

---	Noha Farouk	45	Yacht Alex	NT	NS
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**Event 33 Women 55-59 200 LC Meter Butterfly**

1	Ann Taysir Nosseir	55	El Zohour	NT	5:30.25
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**Event 33 Women 60-64 200 LC Meter Butterfly**

1	Katrein Mary Hanafy	60	Shooting	NT	4:32.03
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**Event 33 Women 65-69 200 LC Meter Butterfly**

1	Saher Mohamed el Tibi	68	Heliopolis	NT	5:53.58
2	Rawiea Mohamed Asaad	68	Shooting	NT	9:05.09

**Event 34 Men 25-29 200 LC Meter Butterfly**

1	Marwan El Amrawy	29	Sporting	NT	2:19.57
2	Omar Hesham Abdel Latif Hassar	27	Cairo	NT	2:41.88

**Event 34 Men 30-34 200 LC Meter Butterfly**

1	Mostafa Mohamed Ramadan	30	Ahly	NT	2:45.64
2	Moataz Mahmoud abd Elmonem	30	Cairo	NT	3:52.75

**Event 34 Men 35-39 200 LC Meter Butterfly**

1	Yousef Hesham Yousef Sayed Gon	37	Shooting	NT	2:37.56
2	Omar Abd El Maged El Akad	35	Heliopolis	NT	3:14.09
3	Ahmed Yousry Moktar	38	Shooting	NT	3:49.42
---	Abd Allah Abdo ElSaid Mattar	37	Maadi	NT	NS

**Event 34 Men 40-44 200 LC Meter Butterfly**

1	Wael Dowidar	43	Sporting	NT	2:40.70
2	Mohamed Elsayed Abo El Wafa	42	Canal El Suez	NT	3:40.22
---	Waleed Ahmed Fouad	43	Shooting	NT	NS

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**(Event 34 Men 40-44 200 LC Meter Butterfly)**

--- Hussin Mohamad Ebrahim Badra 41 Shooting NT NS

**Event 34 Men 45-49 200 LC Meter Butterfly**

1	Mohamed Mossad Kandil	47	El Zohour	NT	3:05.92
2	Ashraf AL Quidy	49	Yacht Alex	NT	3:33.02
3	Emad El Din Yosef Mostafa	49	Shooting	NT	3:36.59
4	Ahmad Mostafa Fahmy	45	Shooting	NT	3:43.00

**Event 34 Men 50-54 200 LC Meter Butterfly**

1	Waleed Hassan Hussien Zayed	54	Shooting	NT	3:02.50
2	Karim Assem Moh. Abou El Enein	53	El Gezira	NT	3:31.12
3	Nezar Ahm. Abdel Rahman Fakhr	54	El Gezira	NT	4:37.07

**Event 34 Men 55-59 200 LC Meter Butterfly**

1	Heisham Al Gohary	57	Shooting	NT	4:43.10
---	Ashraf Hamdy Zeiyada	58	Shooting	NT	NS

**Event 34 Men 60-64 200 LC Meter Butterfly**

1	Osama Ahmad Momtaz	64	Shooting	NT	3:14.81
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**Event 34 Men 65-69 200 LC Meter Butterfly**

1	Ragaa Ahmed Taha Maarouf	67	Shooting	NT	3:46.76
2	Amr Abdellateif El Ghayesh	67	Maadi	NT	4:17.30

**Event 34 Men 70-74 200 LC Meter Butterfly**

1	Elmy Sayed Ali	74	Ahly	NT	4:55.32
2	Elsayed Hassan AboElwafa	70	Canal El Suez	NT	5:11.54

**Event 35 Women 25-29 100 LC Meter Breaststroke**

1	Yara Moustafa Hassan Aly	28	Olympic	NT	1:25.53
2	Haidy Ashraf Farouk	26	El Zohour	NT	1:37.56
3	Mariam Houssin Kamal	25	El Zohour	NT	1:42.26
4	Mayar Hesham ali	28	Cairo	NT	1:47.63
5	Salma Abd EL Hakeem Mohame	28	El Shams	NT	1:56.16
6	Mariem Mohamed Saeid	29	Cairo	NT	1:59.10
---	Zena Essam Mohamed Saber	25	Shooting	NT	NS

**Event 35 Women 30-34 100 LC Meter Breaststroke**

1	Yuliia Kovalchuk	30	Shooting	NT	1:35.88
2	Mirna Mohamed Mohamed	30	Maadi	NT	1:50.00
3	Wesam Hossam Eddin Ebrahim	33	Shooting	NT	1:57.88
---	Yomna Amro Nageb Kalaf	33	El Gezira	NT	NS

**Event 35 Women 35-39 100 LC Meter Breaststroke**

1	Aya Ezzeddin Abdelhamed	36	Shooting	NT	1:26.52
2	Radwa Abdelgalil Mahmoud	36	Cairo	NT	1:52.43
---	Rana Yousri Shalah	36	El Gezira	NT	NS
---	Nadien Adel Ageb Wasef	36	El Shams	NT	NS

**Event 35 Women 40-44 100 LC Meter Breaststroke**

1	Omneya Tarif	40	Sporting	NT	1:39.24
2	Stela Miteva	43	Albatros Varna	NT	1:46.34
3	Lamyaa Mohamad Hassan Khalef	40	Shooting	NT	1:55.98
4	Sarah Ahdy Mohamed Ali	42	El Shams	NT	2:11.06

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**Event 35 Women 45-49 100 LC Meter Breaststroke**

1	Salma Mohamed Hassan	48	Maadi	NT	1:38.22
2	Heba Mohamed AbdelGhaffar	47	El Ghaba	NT	2:54.41

**Event 35 Women 50-54 100 LC Meter Breaststroke**

1	Monica Elena Bopescu	51	Shooting	NT	2:15.17
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**Event 35 Women 55-59 100 LC Meter Breaststroke**

1	Magda Ebrahim Khalil	58	Cairo	NT	2:17.70
2	Noha Mahmoud Deiab	57	Shooting	NT	2:20.76
3	Wesam Ahmed Mohamed Hamdy	58	Heliopolis	NT	3:00.78
4	Amal Moh. Abd Elghaffar	57	El Gezira	NT	3:03.39

**Event 35 Women 60-64 100 LC Meter Breaststroke**

1	Carole Jean Zaccar	61	El Gezira	NT	1:50.35
2	Ingrid Wassmann	61	El Gezira	NT	1:55.87
3	Lameia Ahmed Maher	63	El Gezira	NT	2:18.64
4	Neven Ramez Al Nagar	64	Heliopolis	NT	2:47.13
5	Ghada Ali Jouny	60	El Gezira	NT	2:50.08

**Event 35 Women 65-69 100 LC Meter Breaststroke**

1	Neven Mohamed Khlel Salah	68	El Gezira	NT	2:10.68
2	Mona Mohamad Abdel Khalek	65	Shooting	NT	2:37.64

**Event 35 Women 70-74 100 LC Meter Breaststroke**

1	Mona Kamel Youseif	70	Heliopolis	NT	2:29.94
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**Event 35 Women 75-79 100 LC Meter Breaststroke**

1	Nadya Zakareia El Araby	78	El Gezira	NT	2:40.20
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**Event 35 Women 80-84 100 LC Meter Breaststroke**

1	Madiha Mohamed Sherif	81	Heliopolis	NT	3:41.78
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**Event 35 Women 85-89 100 LC Meter Breaststroke**

1	Nabela Ahmed Sayed Ahmed	87	El Gezira	NT	3:52.11
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**Event 36 Men 25-29 100 LC Meter Breaststroke**

1	Omar Wael Hashem Aly	29	El Shams	NT	1:15.46
2	Abd Elrahman Yasser Tarief	27	Cairo	NT	1:18.52
---	Mostafa Mohamed Elhoseni	26	Heliopolis	NT	NS

**Event 36 Men 30-34 100 LC Meter Breaststroke**

1	Tarek Elsayed Mohamad Zayan	32	Shooting	NT	1:14.73
2	Mohamed Hussein Mohamed	31	Cairo	NT	1:22.74
---	Mahmoud Moh. Yosif Mohamed	32	El Gezira	NT	NS

**Event 36 Men 35-39 100 LC Meter Breaststroke**

1	Ehsan Mohamad Gomaa Mohama	38	Shooting	NT	1:22.64
---	Houssam Gaber	38	Shooting	NT	NS

**Event 36 Men 40-44 100 LC Meter Breaststroke**

1	Waleed Ahmed Fouad	43	Shooting	NT	1:24.07
2	Ahmed Osman Mohamed	43	Ahly	NT	1:28.65
3	Markou Moheb	42	Shooting	NT	1:42.17
---	Mohamed Elsayed Abo El Wafa	42	Canal El Suez	NT	NS
---	Ahmed Hussain Dorra	42	Tanta	NT	NS
---	Khaled Mahmoud Elsayed	41	Shooting	NT	NS
---	Mohamed Elmy Sayed	41	El Zohour	NT	NS

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**Event 36 Men 45-49 100 LC Meter Breaststroke**

1	Abdelmoneim Khalaf	45	Sporting	NT	1:24.79
2	Yasser AbdelHady AbdelHady	48	El Shams	NT	1:29.56
3	Mohamed Ahmad Hany Yossef	45	Shooting	NT	1:30.24
4	Sherief Fathe abd Elwahab	47	Cairo	NT	1:36.32
5	Yassen Shazly Fortune	46	Heliopolis	NT	1:36.72

**Event 36 Men 50-54 100 LC Meter Breaststroke**

1	Mohamed Ahmed Mohamed Sakr	51	El Shams	NT	1:41.19
2	Yaser Aseim Mahmoud	51	Heliopolis	NT	1:42.10
3	Mohamed Ahmed Esaad	53	Ahly	NT	1:45.58
---	Khaled Abdel Hamed Soliman	54	Shooting	NT	NS
---	Amgd Hossam Adellateif	54	Shooting	NT	NS
---	Khaled Salah El Din Mohamed	53	Shooting	NT	NS

**Event 36 Men 55-59 100 LC Meter Breaststroke**

1	Yasser Hussein Fayyad	56	El Shams	NT	1:27.44
2	Waleed Mahmoud Diab	57	Shooting	NT	1:29.07
3	Amr Mohamed Samy Abdel Karin	55	Shooting	NT	1:33.83
4	Yasser Saed Aly Ahmad Khalil	57	Shooting	NT	1:44.81
5	Tarik Soultan Abou Ali	55	Heliopolis	NT	1:57.46
6	Ashraf Hamdy Zeiyada	58	Shooting	NT	2:00.58
---	Walid Mohamed Ibrahim ElSheik	57	Maadi	NT	NS

**Event 36 Men 60-64 100 LC Meter Breaststroke**

1	Khaled Nasr El Din Reiad	64	Heliopolis	NT	1:34.44
2	Hany Aziz Sedky	61	Shooting	NT	1:36.01
3	Hany Youseif Al Meseiry	60	Maadi	NT	1:37.22
4	Ahmed Morsy Mostafa Fahmy	64	El Gezira	NT	1:44.99
5	Abdalla Mahmoud Khalil Elnahas	63	El Gezira	NT	2:15.73
6	Mohamed Mostafa Nour Al Din	64	Shooting	NT	2:17.22

**Event 36 Men 65-69 100 LC Meter Breaststroke**

1	Abdel Aziz Mohamed Hashim	68	Heliopolis	NT	1:43.54
2	Mostafa Hassan Abou El Fotouh	66	Shooting	NT	1:48.08
3	Yasser Mohamed Mounir abd el A	68	El Shams	NT	1:55.75
4	Samy Wahby Sief	67	Heliopolis	NT	2:24.67
---	Haeid Salah El Din Hafes	68	El Gezira	NT	NS
---	Mohamed Esam El Din Ebrahim	67	Heliopolis	NT	NS

**Event 36 Men 70-74 100 LC Meter Breaststroke**

1	Mohssein Abdel Kawy Al Houssei	73	Ahly	NT	1:54.43
2	Mohamed Mosaad Fayed	72	Heliopolis	NT	1:56.01
3	Mohamed Abdelfatah Mohamwd	71	Shooting	NT	2:03.76
4	Mohamed Kamel Mazen	71	Ahly	NT	2:12.91
5	Hany Kamal Nasar	72	Heliopolis	NT	2:44.91
---	Atef Youssief Hanna	71	Cairo	NT	NS

**Event 36 Men 75-79 100 LC Meter Breaststroke**

1	Ahmed Hany Yosef Ezz El Din	75	Shooting	NT	2:03.99
2	Ramy Ahmed Refaat	75	El Gezira	NT	2:22.38
3	Mohamed Ali Mousa	76	Ahly	NT	2:50.59
---	Hassan El Tomy	78	Sporting	NT	NS
---	Hesham Omar Sedky	78	Shooting	NT	NS

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**Event 36 Men 80-84 100 LC Meter Breaststroke**

1	Bahgat Mohamerd Farag Hamza	81	El Gezira	NT	2:23.77
2	Said Ahmed Kamal	80	Ahly	NT	2:34.67
3	Yousef Anwar Ahm. Wahsh	80	El Gezira	NT	2:42.08
---	Baheig Boshra Meikhaeil	84	Heliopolis	NT	NS
---	Mohamed Salah El Din Mortagy	84	Shooting	NT	NS

**Event 37 Women 25-29 200 LC Meter Backstroke**

1	Mounira Ebrahim Basuony	25	Smoha	NT	3:07.25
2	Mariam Houssin Kamal	25	El Zohour	NT	3:29.33
3	Mayar Hesham ali	28	Cairo	NT	3:34.52
---	Zena Essam Mohamed Saber	25	Shooting	NT	NS

**Event 37 Women 35-39 200 LC Meter Backstroke**

1	Passant Magdy Mahmoud Mouss:	35	El Shams	NT	3:07.15
2	Nadien Adel Ageb Wasef	36	El Shams	NT	3:10.52
3	Asmaa Ali Mohamed Mahmoud	36	El Shams	NT	3:13.84
4	Radwa Abdelgalil Mahmoud	36	Cairo	NT	3:41.12
5	Yasmin Moh. Foad Nassar	37	El Gezira	NT	3:42.32
6	Nora Fouad Ali Ibrahim	38	Shooting	NT	3:51.52

**Event 37 Women 40-44 200 LC Meter Backstroke**

1	Sherok Sherif Al Shenawy	40	Maadi	NT	3:02.09
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**Event 37 Women 45-49 200 LC Meter Backstroke**

1	Samaa Sultan	45	Sporting	NT	3:27.76
2	Noha Farouk	45	Yacht Alex	NT	5:05.71
---	Rania Mohammad Raafat	47	Shooting	NT	NS

**Event 37 Women 50-54 200 LC Meter Backstroke**

1	Rania Sami	53	Sporting	NT	3:15.12
2	Salam Taha Houssein	53	Shooting	NT	5:13.84

**Event 37 Women 55-59 200 LC Meter Backstroke**

1	Sherien Ali Sery	58	Heliopolis	NT	3:46.22
2	Marie Elhage	59	Sporting	NT	3:48.21

**Event 37 Women 60-64 200 LC Meter Backstroke**

1	Katrein Mary Hanafy	60	Shooting	NT	4:15.90
2	Maha Mohmoud El Kholy	63	Heliopolis	NT	5:02.45
3	Seham Abdel Monaem Ahmed Kh	61	El Gezira	NT	5:10.00

**Event 37 Women 65-69 200 LC Meter Backstroke**

1	Neven Mohamed Khlel Salah	68	El Gezira	NT	4:16.31
2	Rawiea Mohamed Asaad	68	Shooting	NT	7:10.43

**Event 37 Women 70-74 200 LC Meter Backstroke**

1	Douriea Ahmed Nazzmy	73	Maadi	NT	4:55.37
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**Event 37 Women 80-84 200 LC Meter Backstroke**

1	Madiha Mohamed Sherif	81	Heliopolis	NT	6:38.45
2	Sameha Kamal Seif El Nasr	81	Heliopolis	NT	7:12.17
3	Palma Csepeli	80	Regele	NT	7:26.36

**Event 38 Men 25-29 200 LC Meter Backstroke**

1	Mohamed Nour Ibrahim	29	Ahly	NT	2:32.70
2	Shady Medhat Hassn	27	Ahly	NT	2:35.64

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**(Event 38 Men 25-29 200 LC Meter Backstroke)**

3	Basel Hussin Ebrahim Ahmed	26	Shooting	NT	2:37.07
---	Farid Tadros Morad Tadros	25	El Gezira	NT	NS

**Event 38 Men 30-34 200 LC Meter Backstroke**

1	Moataz Mahmoud abd Elmonem	30	Cairo	NT	3:52.64
---	Mohammad Tarek Mohammad H	31	Shooting	NT	NS

**Event 38 Men 40-44 200 LC Meter Backstroke**

1	Sherif Adel Ramsis Eppo	40	Shooting	NT	2:52.40
2	Mohamed Fathy Mohamed	42	El Shams	NT	3:06.86
---	Eslam Mahmoud Mohamad	43	Shooting	NT	NS

**Event 38 Men 45-49 200 LC Meter Backstroke**

1	Amr El Arwosy	45	Sporting	NT	3:01.40
2	Ahmed Nabil Abd Elaziz	46	El Zohour	NT	3:13.88
3	Mohamed Abdelhamid Elebiary	49	Ahly	NT	3:41.32
4	Hossam Elden Hussien	48	Cairo	NT	3:58.40
---	Emad El Din Yosef Mostafa	49	Shooting	NT	NS

**Event 38 Men 50-54 200 LC Meter Backstroke**

1	Hany Farouk Abdelhmed	50	Tanta	NT	3:04.50
2	Waleed Hassan Hussien Zayed	54	Shooting	NT	3:10.04
3	Ahmed Aly Yossef	52	Tanta	NT	3:24.14
4	Nabil Fayez Hanin	52	Shooting	NT	3:32.22
5	Nezar Ahm. Abdel Rahman Fakhr	54	El Gezira	NT	3:51.44
---	Tarek Hassan Bakry	53	Heliopolis	NT	NS

**Event 38 Men 55-59 200 LC Meter Backstroke**

1	Ihab Gamil Labib Salib	55	El Shams	NT	3:26.44
2	Osama Nayef Sleem	57	Canal El Suez	NT	3:39.28
3	Magdy Farouk Fouad Hanna	57	El Shams	NT	4:02.10
---	Sherif Salah Eldin Mahmoud	58	Shooting	NT	NS

**Event 38 Men 60-64 200 LC Meter Backstroke**

1	Waled Mohamed Fathy	60	Heliopolis	NT	3:06.37
2	Ahmed Mohamed Ibrahim	64	Shooting	NT	3:41.40
3	Tarik Mohamed Abaza	63	Ahly	NT	4:04.49

**Event 38 Men 65-69 200 LC Meter Backstroke**

1	Ibrahim Ahmed Elaidy	68	Canal El Suez	NT	3:09.05
2	Yaser Mohamed Maghraby	67	Heliopolis	NT	3:36.96
3	Osman Ahmed Ali	65	Ahly	NT	3:58.13

**Event 38 Men 70-74 200 LC Meter Backstroke**

1	Mohssein Abdel Kawy Al Houssei	73	Ahly	NT	3:54.22
2	Ali Selim Al Halaby	71	Heliopolis	NT	3:58.36
3	Moneir Hossein Eisa Abdel Rahei	72	Shooting	NT	4:00.67
4	Elsayed Hassan AboElwafa	70	Canal El Suez	NT	4:30.36
5	Alsayed Mohamad Boraie	70	Shooting	NT	6:20.44
---	Atef abd Elghany Abdelgawad	72	El Zohour	NT	NS

**Event 38 Men 80-84 200 LC Meter Backstroke**

1	Mohamed Refaat Ahmed Refaat	80	Ahly	NT	5:55.03
2	Mostafa Mohamed Rashad Mahm	83	Ahly	NT	6:24.15
---	Baheig Boshra Meikhaeil	84	Heliopolis	NT	NS

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**Event 38 Men 85-89 200 LC Meter Backstroke**

1	Wafeik Aeibad	86 Heliopolis	NT	5:21.79
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**Event 38 Men 90-94 200 LC Meter Backstroke**

1	Mahfouz Gerges Ghabreial	91 Ahly	NT	7:22.40
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**Event 39 Mixed 25 & Over 200 LC Meter Relay 4\*50mMedley Mixed120**

1	Ahly	A	NT	2:13.83
2	Shooting	A	NT	2:15.42
3	El Shams	A	NT	2:32.38
4	Cairo	A	NT	2:42.98

**Event 40 Mixed 25 & Over 200 LC Meter Relay 4\*50mMedley Mixed160**

1	Shooting	A	NT	2:10.97
2	Sporting	A	NT	2:18.53
3	Heliopolis	A	NT	2:21.01
4	El Shams	A	NT	2:23.92
5	Cairo	A	NT	3:12.36

**Event 41 Mixed 25 & Over 200 LC Meter Relay 4\*50mMedley Mixed200**

1	Maadi	A	NT	2:32.05
2	El Gezira	A	NT	2:32.78
3	Heliopolis	A	NT	2:39.60
4	Shooting	A	NT	2:39.63
5	El Shams	A	NT	2:54.45

**Event 42 Mixed 25 & Over 200 LC Meter Relay 4\*50mMedley Mixed240**

1	Sporting	A	NT	2:43.50
2	Shooting	A	NT	2:48.09
3	Heliopolis	A	NT	2:50.49
4	El Gezira	A	NT	3:02.90
---	Ahly	A	NT	NS

**Event 43 Women 25-29 50 LC Meter Freestyle**

1	Hannya Hossam Nabil Ibrahim	27 El Gezira	NT	30.33
2	Yara Moustafa Hassan Aly	28 Olympic	NT	31.31
3	Klara Esam Adly Nashed Soliman	26 Shooting	NT	31.36
4	Rafif Hesham Sayed	29 El Zohour	NT	33.45
5	Salma Abd EL Hakeem Mohame	28 El Shams	NT	37.19
6	Farha Ehab Abou El Senoun	25 Heliopolis	NT	37.82
7	Sanna Ashraf Mohmed	29 Cairo	NT	38.87
8	Merna Amr Abd EL Fatah	27 Heliopolis	NT	48.30
---	Hedy Amro Mostafa	25 Heliopolis	NT	NS
---	Mariam Houssin Kamal	25 El Zohour	NT	NS

**Event 43 Women 30-34 50 LC Meter Freestyle**

1	Sara Hasheim Mohamed Abou El	33 Shooting	NT	33.85
2	Noha Moussad Mohamed Ismaiel	33 El Zohour	NT	34.07
3	Mena Naser Radwan	33 Heliopolis	NT	34.38
4	Yasmeen Moussad Mohamed Ism	30 El Zohour	NT	35.58
5	Mirna Mohamed Mohamed	30 Maadi	NT	36.64
6	Sally Saad Elfeshway	30 Cairo	NT	44.37

**Event 43 Women 35-39 50 LC Meter Freestyle**

1	Heba Alla Yahya Abd Elrahman	38 Ahly	NT	30.50
2	Shaymaa Samy Tawfeik	39 Heliopolis	NT	33.10

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**(Event 43 Women 35-39 50 LC Meter Freestyle)**

3	Dina Ahmad Mohammad Nafea	35	Shooting	NT	34.40
4	Asmaa Ali Mohamed Mahmoud	36	El Shams	NT	34.55
5	Nora Fouad Ali Ibrahim	38	Shooting	NT	34.84
6	Alaa Ahmed Abo ElFotoh	39	TM Sports	NT	35.90
7	Youmna Hossam Eldin Hamed	38	Heliopolis	NT	39.52

**Event 43 Women 40-44 50 LC Meter Freestyle**

1	Sohad Shaaban Abd Rabo	42	Heliopolis	NT	34.73
2	Liudmila Kokhan	44	Pregel Club	NT	35.38
3	Nesma Hussain Ambaby Nasr	40	Ahly	NT	36.00
4	Basant Moh. Ashraf Montaser	44	El Gezira	NT	42.50
5	Amira Ayman Saif Elnasr	42	El Gezira	NT	43.48

**Event 43 Women 45-49 50 LC Meter Freestyle**

1	Nevein Mahmoud Ali	47	Shooting	NT	31.53
2	Rehab Mohamed El Gohary	46	Ahly	NT	40.21
3	Taline Albert Dekermendjian	48	El Gezira	NT	58.09
---	Rania Mohammad Raafat	47	Shooting	NT	NS

**Event 43 Women 50-54 50 LC Meter Freestyle**

1	Nermen Kamel Zakher Mousa	51	Shooting	NT	38.76
2	Heba Hassan Mahmoud	50	Shooting	NT	1:03.90

**Event 43 Women 55-59 50 LC Meter Freestyle**

1	Sherwet Wafaa Moh. Hafez	57	El Gezira	NT	34.81
2	Sherien Ali Sery	58	Heliopolis	NT	40.19
3	Noha Mahmoud Deiab	57	Shooting	NT	45.09
4	Maha Mohamed Mahmoud Labib	55	El Shams	NT	48.32
5	Rana Fouad Ali Mohsen	59	El Shams	NT	53.16
6	Amal Moh. Abd Elghaffar	57	El Gezira	NT	1:16.80
7	Nahla Housen Gmal EL Den	57	Heliopolis	NT	1:22.12

**Event 43 Women 60-64 50 LC Meter Freestyle**

1	Carole Jean Zaccar	61	El Gezira	NT	38.40
2	Ingrid Wassmann	61	El Gezira	NT	39.66
3	Lameia Ahmed Maher	63	El Gezira	NT	58.41
4	Seham Abdel Monaem Ahmed Kh	61	El Gezira	NT	1:00.88
5	Ghada Ali Jouny	60	El Gezira	NT	1:08.10
---	Elham Mostafa Esmail	61	Heliopolis	NT	NS
---	Nazla Faeidalla	64	Ahly	NT	NS

**Event 43 Women 65-69 50 LC Meter Freestyle**

1	Nisren Saad	66	Sporting	NT	39.55
2	Jehan Ismaeil Ahmed Metwally	67	Shooting	NT	39.84
3	Omnia Labib Hanna Labib	65	Shooting	NT	55.25
---	Saher Mohamed el Tibi	68	Heliopolis	NT	NS

**Event 43 Women 70-74 50 LC Meter Freestyle**

1	Hoda Salah El Din Mortada	70	Heliopolis	NT	51.44
2	Nadia Esmail Mohamed	70	Heliopolis	NT	1:02.12
3	Mona Kamel Youseif	70	Heliopolis	NT	1:14.62

**Event 43 Women 75-79 50 LC Meter Freestyle**

1	Nadya Zakareia El Araby	78	El Gezira	NT	1:04.13
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**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**Event 43 Women 80-84 50 LC Meter Freestyle**

1	Nagwa Yousef Gharab	81	Heliopolis	NT	50.25
2	Nageya Salah El Din Zolfakar	81	El Gezira	NT	1:17.33
3	Sameha Kamal Seif El Nasr	81	Heliopolis	NT	1:26.55

**Event 43 Women 85-89 50 LC Meter Freestyle**

1	Nabela Ahmed Sayed Ahmed	87	El Gezira	NT	1:22.67
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**Event 44 Men 25-29 50 LC Meter Freestyle**

1	Omar Ahmad Khaled	27	Heliopolis	NT	24.14
2	Ali Wael Hashem	25	El Shams	NT	25.77
3	Seif Mohamed Medhat	29	Ahly	NT	25.79
4	Mohanad Mamdouh Shahen	25	El Shams	NT	25.99
5	Belal Mosaad Altybe	25	Sporting	NT	26.14
6	Omar Mostafa Ebrahim	25	Heliopolis	NT	26.41
7	Khaled Ahmed Attia	28	Canal El Suez	NT	30.19
8	Mohamed Ahmed Aboelabbas	28	El Shams	NT	30.61
---	Ahmed Wael Husin	26	Tanta	NT	NS
---	Abdelrahman Mohamed Gaber	26	El Ghaba	NT	NS
---	Amen Saad Kamel	28	Shooting	NT	NS

**Event 44 Men 30-34 50 LC Meter Freestyle**

1	Tarek Elsayed Mohamad Zayan	32	Shooting	NT	24.56
2	Omar Abdelmonem Mohmed	31	Cairo	NT	25.87
3	Mohab Magdy	30	Sporting	NT	26.10
4	Mohammad Hassan Abdelmonea	32	Shooting	NT	26.13
5	Omar Ahmed Hesham Kandel	33	Shooting	NT	26.37
6	Mohamed Ahmed Elsaied Ahmed	31	El Shams	NT	28.07
7	Yahia Abdelhalim Mohamed Ahm	34	El Shams	NT	28.11
8	Omar Abdelhamied Radwan	33	El Shams	NT	28.64
9	Ahmed Mohamed Medhat Ahmec	33	El Shams	NT	29.84
10	Omar Mohamed Abdelfattah Moh	31	El Shams	NT	32.96
---	Beshoy Maher Hosny	33	Canal El Suez	NT	NS
---	Amro Essam Aly Abd El Naby	33	El Gezira	NT	NS
---	Mahmoud Alsaad Soltan	30	Tanta	NT	NS

**Event 44 Men 35-39 50 LC Meter Freestyle**

1	Karim Mohamed Talaat Altanahy	39	Shooting	NT	27.78
2	Mohamed Khaled Ahmed	38	Maadi	NT	28.02
3	Mohamed Saied Mohamed Hassa	37	El Gezira	NT	28.31
4	Islam Mohamed Teema	35	Canal El Suez	NT	28.77
5	Mohmed Hossam Eldin Mohmed	37	Cairo	NT	35.72
6	Mohamed Abdullah	38	Khartoum Sea Scout	NT	38.31
---	Loai Ismael Hafez	38	Tanta	NT	NS
---	Mohamed Hosny AbdElmged	36	Canal El Suez	NT	NS
---	Houssam Gaber	38	Shooting	NT	NS
---	Mohammad Adel Mansour Askar	37	Shooting	NT	NS

**Event 44 Men 40-44 50 LC Meter Freestyle**

1	Basel Omar Abd Elaziz	41	El Zohour	NT	29.92
2	Ahmed Saied Mohmed	43	Cairo	NT	33.78
3	Markou Moheb	42	Shooting	NT	35.72
---	Amr Ahmed Abdel Wahab	44	Sporting	NT	NS
---	Yasser Ahmed Ameen	42	Canal El Suez	NT	NS
---	Mohamad Ahmad Ezzat Emam	43	Shooting	NT	NS

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**Event 44 Men 45-49 50 LC Meter Freestyle**

1	Mohamed Sabry Al Hakim	47	El Gezira	NT	27.05
2	Abdelmoneim Khalaf	45	Sporting	NT	27.96
3	Mohamed Wagih Ahmed Elbedev	45	El Shams	NT	29.55
4	Sheref Wahed Emam	46	Heliopolis	NT	30.06
5	Sherief Fathe abd Elwahab	47	Cairo	NT	31.49
6	Wael Mansour Ahmed ali	48	El Shams	NT	33.56
---	Amr Samir Khorshed	49	Heliopolis	NT	NS
---	Jose Sanchez	47	El Gezira	NT	NS
---	Karem Wagdy m Reyad	47	Heliopolis	NT	NS
---	Ahmad Mostafa Fahmy	45	Shooting	NT	NS

**Event 44 Men 50-54 50 LC Meter Freestyle**

1	Taamour Ahmed Seifalla Ghaleb	51	El Gezira	NT	29.47
2	Mohamad Mohamad Abdel Hame	53	Shooting	NT	30.03
3	Ahmed Aly Yossef	52	Tanta	NT	30.14
4	Yaser Aseim Mahmoud	51	Heliopolis	NT	30.36
5	Mohamed Ahmed Mohamed Sakr	51	El Shams	NT	33.22
6	Amgd Hossam Adellateif	54	Shooting	NT	54.21
---	Hisham Hany El bon	54	Canal El Suez	NT	NS

**Event 44 Men 55-59 50 LC Meter Freestyle**

1	Yasser Hussein Fayyad	56	El Shams	NT	28.88
2	Yaser Husen Mohamed Tawfek	57	Heliopolis	NT	30.41
3	Yasser Saed Aly Ahmad Khalil	57	Shooting	NT	33.04
4	Ihab Gamil Labib Salib	55	El Shams	NT	36.21
5	Ashraf Mohmed Fouad	57	Cairo	NT	37.66
6	Ashraf Hamdy Zeiyada	58	Shooting	NT	40.04

**Event 44 Men 60-64 50 LC Meter Freestyle**

1	Waled Mohamed Fatthy	60	Heliopolis	NT	30.61
2	Hany Aziz Sedky	61	Shooting	NT	33.95
3	Amr Mahmoud Abdel Aziz	63	Ahly	NT	39.99
4	Mohamed Abdel Haliem	64	Ahly	NT	42.22
5	Mohamed Mostafa Nour Al Din	64	Shooting	NT	45.57
6	Abdalla Mahmoud Khalil Elnahas	63	El Gezira	NT	47.98
7	Mohamed Ahmed Fouad Abdou	64	El Shams	NT	52.35

**Event 44 Men 65-69 50 LC Meter Freestyle**

1	Ahmed Ibrahim Edreis	69	Heliopolis	NT	33.15
2	Yaser Mohamed Maghraby	67	Heliopolis	NT	34.37
3	Hesham Fouad Mahmoud	66	Cairo	NT	36.56
4	Amr Mansour	69	Sporting	NT	37.53
5	Osman Ahmed Ali	65	Ahly	NT	37.68
6	Mostafa Hassan Abdel Tawab	65	Ahly	NT	40.84
7	Samy Wahby Sief	67	Heliopolis	NT	50.12
---	Mohamed Warda	68	Sporting	NT	NS

**Event 44 Men 70-74 50 LC Meter Freestyle**

1	Montaser Mohamad Ahmad Awac	70	Shooting	NT	31.77
2	Mohamed Abdelfatah Mohamwd	71	Shooting	NT	34.68
3	Mohamed Mahmoud Abas	74	Shooting	NT	35.99
4	Abdel Sameia Abdel Hakim Ahme	74	Maadi	NT	38.67
5	Mohamed Mosaad Fayed	72	Heliopolis	NT	41.79
6	Hany Kamal Nasar	72	Heliopolis	NT	46.05

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**(Event 44 Men 70-74 50 LC Meter Freestyle)**

7	Mohamed Kamel Mazen	71	Ahly	NT	48.78
8	Moaataz Mohamed Talaat	72	Heliopolis	NT	48.81
---	Taher Khaled Mohamed Abou Sai	74	Shooting	NT	NS
---	Gamal Ismail Mohamed	71	Shooting	NT	NS

**Event 44 Men 75-79 50 LC Meter Freestyle**

1	Ramy Ahmed Refaat	75	El Gezira	NT	43.40
2	Eilia Tawfek Andaras	76	Cairo	NT	56.91
3	Mohamed Ragy Reda	79	El Gezira	NT	59.48
4	Mohamed Ali Mousa	76	Ahly	NT	1:02.24
---	Hesham Omar Sedky	78	Shooting	NT	NS

**Event 44 Men 80-84 50 LC Meter Freestyle**

1	Salah El Din Mostafa Al Saba	82	Shooting	NT	48.38
2	Yousef Anwar Ahm. Wahsh	80	El Gezira	NT	56.04
3	Mosaad Hassan Shehab	81	Shooting	NT	56.25
4	Ehab Shalabi	84	Heliopolis	NT	1:01.51
---	Mostafa Ebrahim Mohamad Huss	80	Shooting	NT	NS
---	Mohamed Salah El Din Mortagy	84	Shooting	NT	NS

**Event 44 Men 85-89 50 LC Meter Freestyle**

1	Ahmed Hamada	85	Sporting	NT	38.90
2	Wafeik Aeibad	86	Heliopolis	NT	56.80

**Event 44 Men 90-94 50 LC Meter Freestyle**

1	Mahfouz Gerges Ghabreial	91	Ahly	NT	1:23.92
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**Event 45 Women 25-29 400 LC Meter IM**

1	Haidy Ashraf Farouk	26	El Zohour	NT	7:24.50
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**Event 45 Women 30-34 400 LC Meter IM**

1	Noha Moussad Mohamed Ismaiel	33	El Zohour	NT	7:44.72
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**Event 45 Women 40-44 400 LC Meter IM**

1	Lamyaa Mohamad Hassan Khalef	40	Shooting	NT	8:51.77
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**Event 45 Women 45-49 400 LC Meter IM**

1	Samaa Sultan	45	Sporting	NT	7:15.17
2	Noha Farouk	45	Yacht Alex	NT	10:16.60

**Event 45 Women 50-54 400 LC Meter IM**

1	Nermen Kamel Zakher Mousa	51	Shooting	NT	8:08.81
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**Event 45 Women 55-59 400 LC Meter IM**

1	Magda Ebrahim Khalil	58	Cairo	NT	10:24.47
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**Event 45 Women 60-64 400 LC Meter IM**

1	Katrein Mary Hanafy	60	Shooting	NT	8:36.30
2	Seham Abdel Monaem Ahmed Kh	61	El Gezira	NT	12:32.73

**Event 45 Women 65-69 400 LC Meter IM**

1	Rawiea Mohamed Asaad	68	Shooting	NT	16:34.97
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**Event 46 Men 25-29 400 LC Meter IM**

1	Marwan El Amrawy	29	Sporting	NT	5:02.50
2	Omar Wael Hashem Aly	29	El Shams	NT	6:08.04
3	Abd Elrahman Yasser Tarief	27	Cairo	NT	6:19.58

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**
**Results**
**Event 46 Men 30-34 400 LC Meter IM**

1	Mostafa Mohamed Ramadan	30	Ahly	NT	5:45.56
2	Moaataz Bella Aly Mohamed	32	Heliopolis	NT	6:04.84
3	Mohammad Tarek Mohammad H	31	Shooting	NT	6:44.28
4	Moataz Mahmoud abd Elmonem	30	Cairo	NT	7:07.85

**Event 46 Men 35-39 400 LC Meter IM**

1	Ehsan Mohamad Goma Mohamed	38	Shooting	NT	6:36.71
2	Ahmed Yousry Moktar	38	Shooting	NT	7:27.62
3	Abd Allah Abdo ElSaid Mattar	37	Maadi	NT	8:13.84

**Event 46 Men 40-44 400 LC Meter IM**

1	Waleed Ahmed Fouad	43	Shooting	NT	5:50.62
2	Mohamed Elsayed Abo El Wafa	42	Canal El Suez	NT	7:22.11
---	Hussin Mohamad Ebrahim Badra	41	Shooting	NT	NS

**Event 46 Men 45-49 400 LC Meter IM**

1	Mohamed Mossad Kandil	47	El Zohour	NT	6:22.35
2	Emad El Din Yosef Mostafa	49	Shooting	NT	7:54.86
3	Hossam Elden Hussien	48	Cairo	NT	10:38.69

**Event 46 Men 50-54 400 LC Meter IM**

1	Waleed Hassan Hussien Zayed	54	Shooting	NT	6:24.47
2	Ayman Al Quidy	52	Yacht Alex	NT	6:30.56
3	Nezar Ahm. Abdel Rahman Fakhr	54	El Gezira	NT	8:16.30
4	Mohmed ali Mahmoud	52	Cairo	NT	8:24.15
---	Khaled Abdel Hamed Soliman	54	Shooting	NT	NS

**Event 46 Men 55-59 400 LC Meter IM**

1	Sherif Salah Eldin Mahmoud	58	Shooting	NT	8:07.36
2	Osama Nayef Sleem	57	Canal El Suez	NT	8:20.79
3	Heisham Al Gohary	57	Shooting	NT	8:41.27

**Event 46 Men 60-64 400 LC Meter IM**

1	Ahmed Mohamed Ibrahim	64	Shooting	NT	7:51.49
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**Event 46 Men 65-69 400 LC Meter IM**

1	Ragaa Ahmed Taha Maarouf	67	Shooting	NT	7:24.07
2	Amr Abdellateif El Ghayesh	67	Maadi	NT	9:01.87

**Event 46 Men 70-74 400 LC Meter IM**

1	Moneir Hossein Eisa Abdel Rahei	72	Shooting	NT	9:23.25
2	Elsayed Hassan AboElwafa	70	Canal El Suez	NT	9:39.21
---	Ezzeldin Abdelhalim Abdelhamis	73	El Shams	NT	NS

**Event 46 Men 75-79 400 LC Meter IM**

1	Karam Mohamed Habieb	77	Heliopolis	NT	10:20.45
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**Event 47 Women 25 & Over 200 LC Meter Relay 4\*50m Free 120**

1	El Shams	A		NT	2:17.57
2	Shooting	A		NT	2:20.13
3	Cairo	A		NT	2:39.95

**Event 48 Women 25 & Over 200 LC Meter Relay 4\*50m Free 160**

1	Shooting	A		NT	2:18.21
2	Heliopolis	A		NT	2:29.20

**Heliopolis International Swimming Masters Cha - 5/23/2024 to 5/25/2024**

**Results**

**Event 49 Women 25 & Over 200 LC Meter Relay 4\*50m Free 200**

1	El Gezira	A	NT	2:24.70
2	Sporting	A	NT	2:28.08
3	Shooting	A	NT	3:20.95

**Event 50 Women 25 & Over 200 LC Meter Relay 4\*50m Free 240**

1	Shooting	A	NT	2:59.98
2	Heliopolis	A	NT	3:08.71

**Event 51 Men 25 & Over 200 LC Meter Relay 4\*50m Free 120**

1	Shooting	A	NT	1:44.54
2	Sporting	A	NT	1:45.54
3	El Shams	A	NT	1:47.25
4	Ahly	A	NT	1:48.30
5	Cairo	A	NT	1:58.90

**Event 52 Men 25 & Over 200 LC Meter Relay 4\*50m Free 160**

1	Shooting	A	NT	1:49.71
2	El Shams	A	NT	1:51.42
3	El Gezira	A	NT	1:52.51
4	Heliopolis	A	NT	1:58.44

**Event 53 Men 25 & Over 200 LC Meter Relay 4\*50m Free 200**

1	Shooting	A	NT	2:00.68
2	Heliopolis	A	NT	2:06.58
3	Maadi	A	NT	2:19.30
4	Cairo	A	NT	2:23.65
---	El Gezira	A	NT	NS

**Event 54 Men 25 & Over 200 LC Meter Relay 4\*50m Free 240**

1	Shooting	A	NT	2:05.63
2	Heliopolis	A	NT	2:06.47
3	Ahly	A	NT	2:22.88
4	El Shams	A	NT	2:45.92